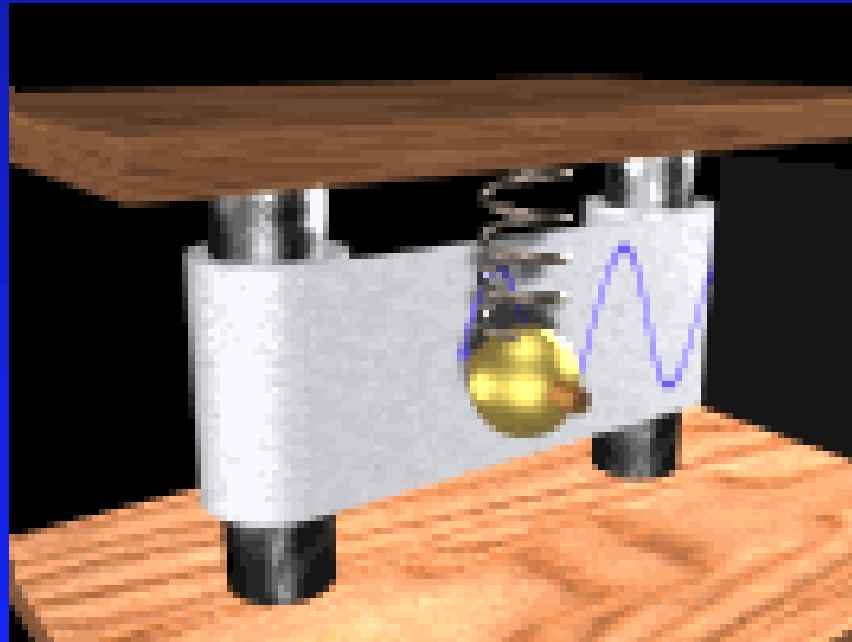


Physics 101: Lecture 19 Elasticity and Oscillations



Overview

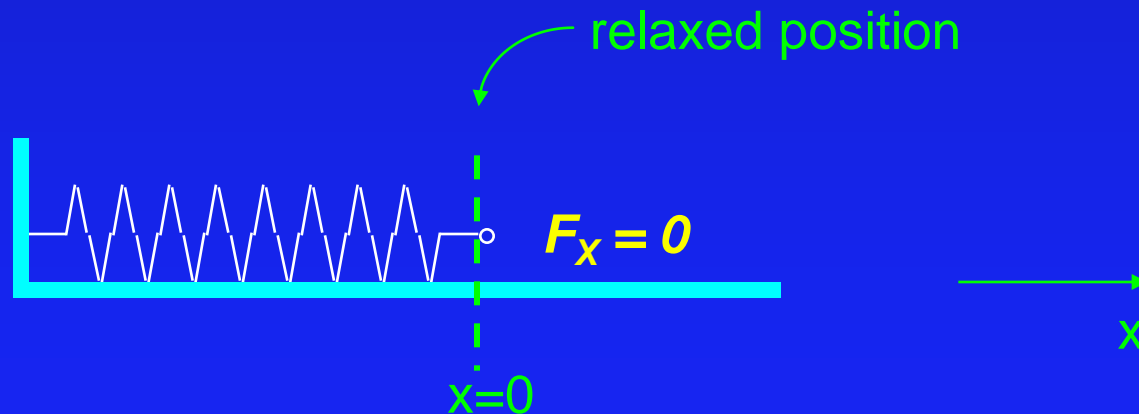
- Springs (review)
 - Restoring force proportional to displacement
 - $F = -k x$ (often a good approximation)
 - $U = \frac{1}{2} k x^2$
- Today
 - Simple Harmonic Motion
 - Springs Revisited
 - Young's Modulus (where does k come from?)

Springs

- **Hooke's Law:** The force exerted by a spring is proportional to the distance the spring is stretched or compressed from its relaxed position.

$$\rightarrow F_x = -k x$$

Where x is the displacement from the relaxed position and k is the constant of proportionality.



Springs ACT

- **Hooke's Law:** The force exerted by a spring is proportional to the distance the spring is stretched or compressed from its relaxed position.

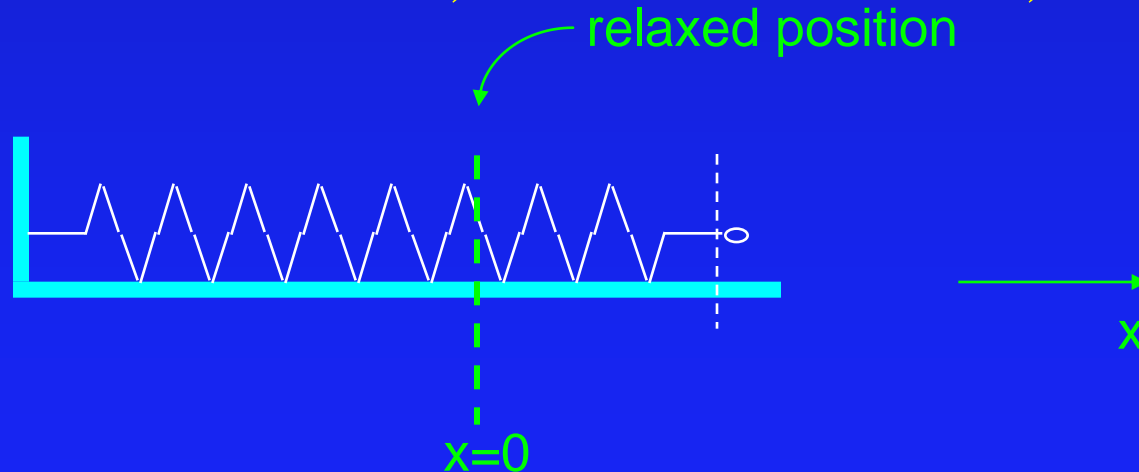
→ $F_x = -kx$ Where x is the displacement from the relaxed position and k is the constant of proportionality.

What is force of spring when it is stretched as shown below.

A) $F > 0$

B) $F = 0$

C) $F < 0$

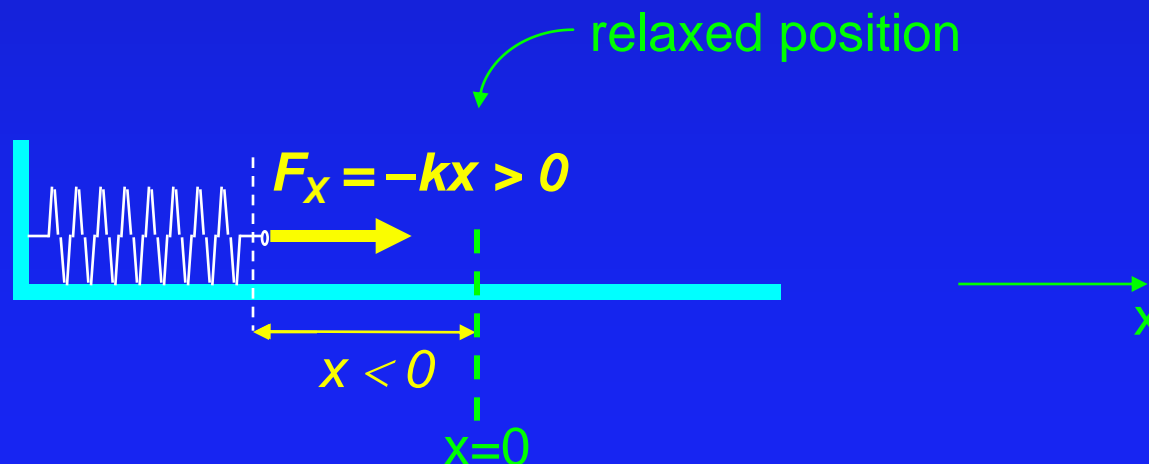


Springs

- **Hooke's Law:** The force exerted by a spring is proportional to the distance the spring is stretched or compressed from its relaxed position.

$$\rightarrow F_x = -kx$$

Where x is the displacement from the relaxed position and k is the constant of proportionality.

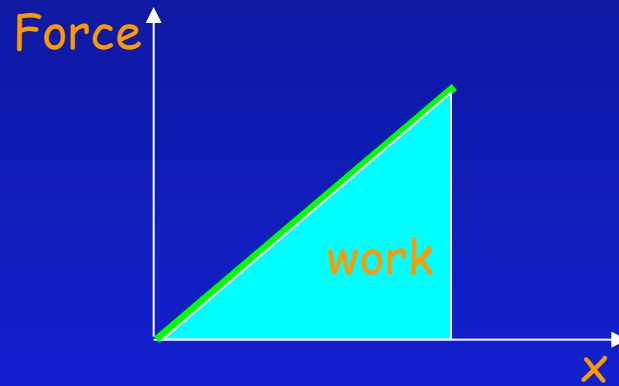


Potential Energy in Spring

- Hooke's Law force is Conservative

→ $F = -k x$

→ $W = -1/2 k x^2$



→ Work done only depends on initial and final position

→ Define Potential Energy $U_{\text{spring}} = 1/2 k x^2$

Simple Harmonic Motion

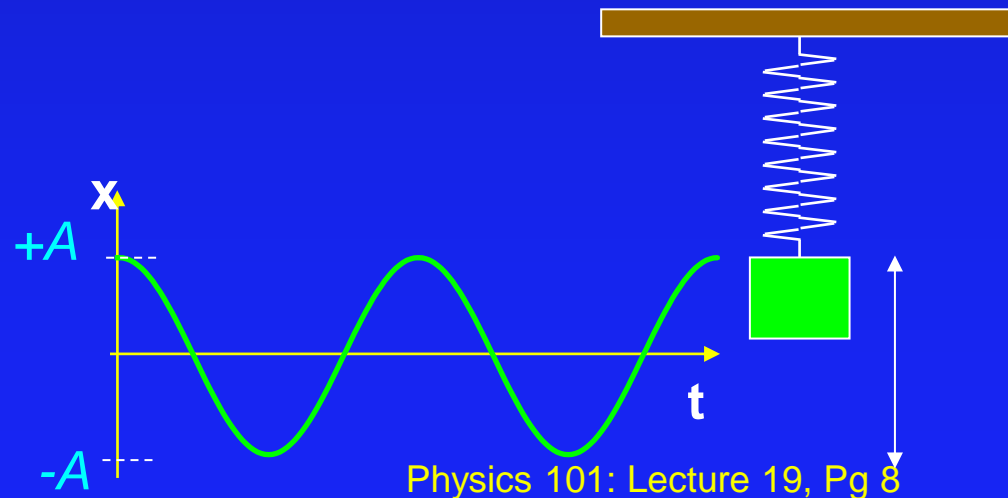
- Vibrations
 - Vocal cords when singing/speaking
 - String/rubber band
- Simple Harmonic Motion
 - Restoring force proportional to displacement
 - Springs $F = -kx$



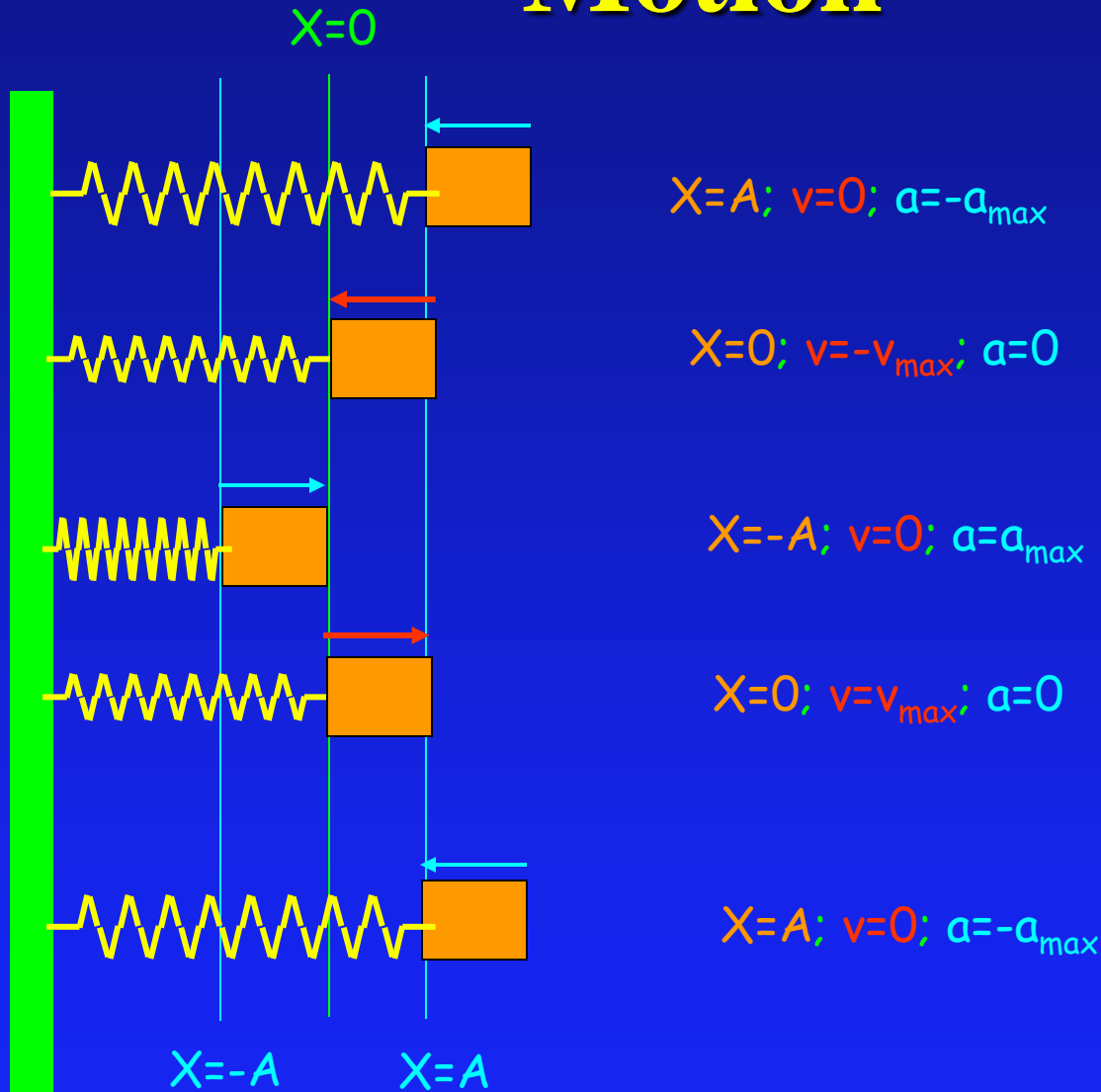
Spring ACT II

A mass on a spring oscillates back & forth with simple harmonic motion of amplitude A . A plot of displacement (x) versus time (t) is shown below. **At what points during its oscillation is the magnitude of the acceleration of the block biggest?**

1. When $x = +A$ or $-A$ (i.e. maximum displacement)
2. When $x = 0$ (i.e. zero displacement)
3. The acceleration of the mass is constant



Springs and Simple Harmonic Motion



Simple Harmonic Motion:

$$x(t) = [A]\cos(\omega t)$$

$$x(t) = [A]\sin(\omega t)$$

$$v(t) = -[A\omega]\sin(\omega t) \quad \text{OR}$$

$$v(t) = [A\omega]\cos(\omega t)$$

$$a(t) = -[A\omega^2]\cos(\omega t)$$

$$a(t) = -[A\omega^2]\sin(\omega t)$$

$$x_{\max} = A$$

Period = T (seconds per cycle)

$$v_{\max} = A\omega$$

Frequency = $f = 1/T$ (cycles per second)

$$a_{\max} = A\omega^2$$

Angular frequency = $\omega = 2\pi f = 2\pi/T$

For spring: $\omega^2 = k/m$

Energy

- A mass is attached to a spring and set to motion. The maximum displacement is $x=A$

→ $\Sigma W_{nc} = \Delta K + \Delta U$

→ $0 = \Delta K + \Delta U$ or Energy $U+K$ is constant!

$$\text{Energy} = \frac{1}{2} k x^2 + \frac{1}{2} m v^2$$

→ At maximum displacement $x=A$, $v = 0$

$$\text{Energy} = \frac{1}{2} k A^2 + 0$$

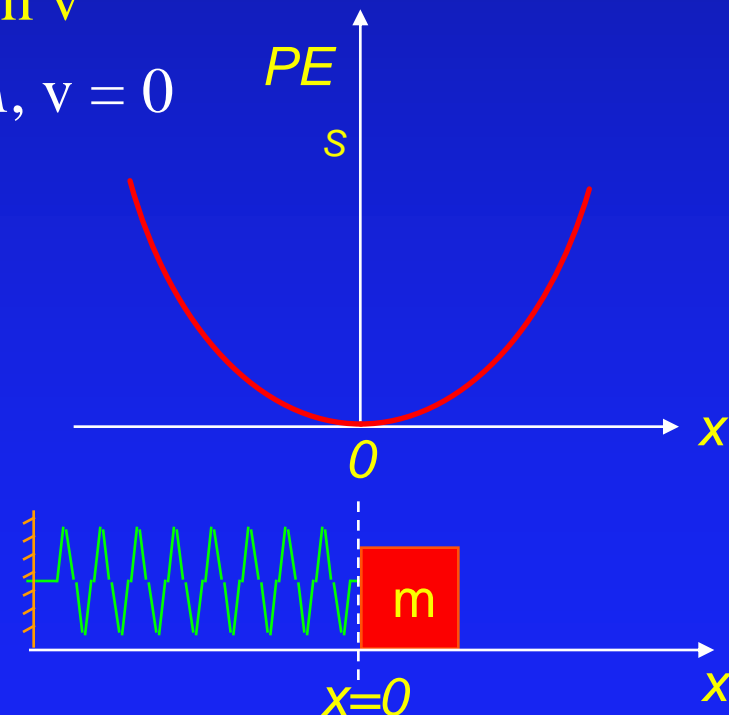
→ At zero displacement $x = 0$

$$\text{Energy} = 0 + \frac{1}{2} m v_m^2$$

Since Total Energy is same

$$\frac{1}{2} k A^2 = \frac{1}{2} m v_m^2$$

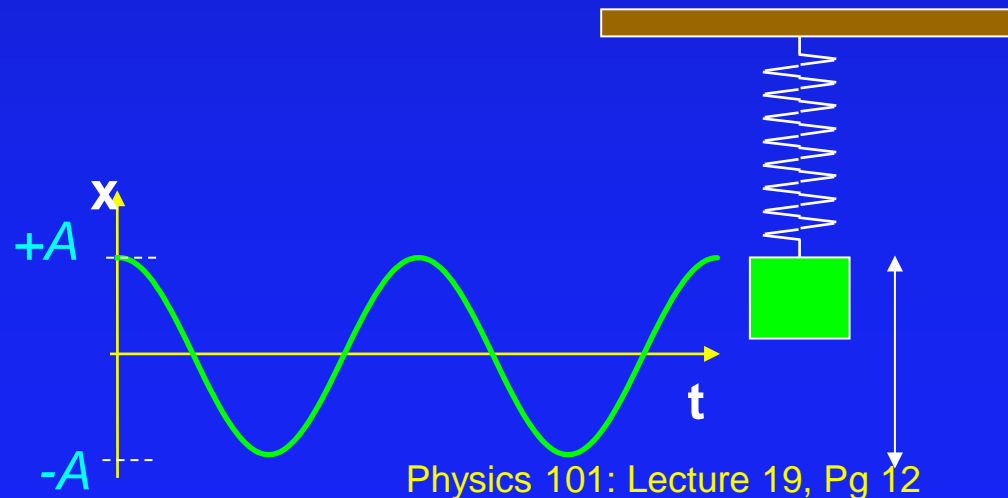
$$v_m = \text{sqrt}(k/m) A$$



Prelecture 1+2

A mass on a spring oscillates back & forth with simple harmonic motion of amplitude A . A plot of displacement (x) versus time (t) is shown below. **At what points during its oscillation is the speed of the block biggest?**

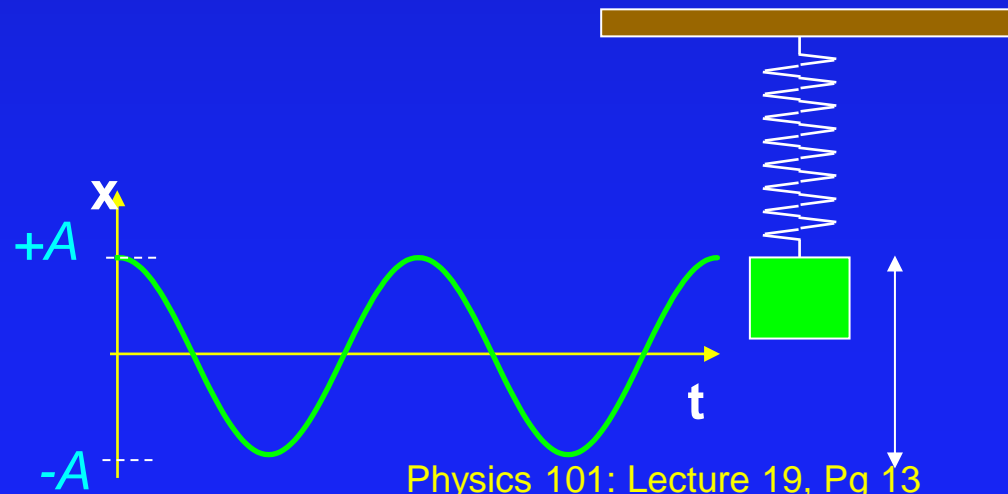
1. When $x = +A$ or $-A$ (i.e. maximum displacement)
2. When $x = 0$ (i.e. zero displacement)
3. The speed of the mass is constant



Prelecture 3+4

A mass on a spring oscillates back & forth with simple harmonic motion of amplitude A . A plot of displacement (x) versus time (t) is shown below. **At what points during its oscillation is the total energy ($K+U$) of the mass and spring a maximum? (Ignore gravity).**

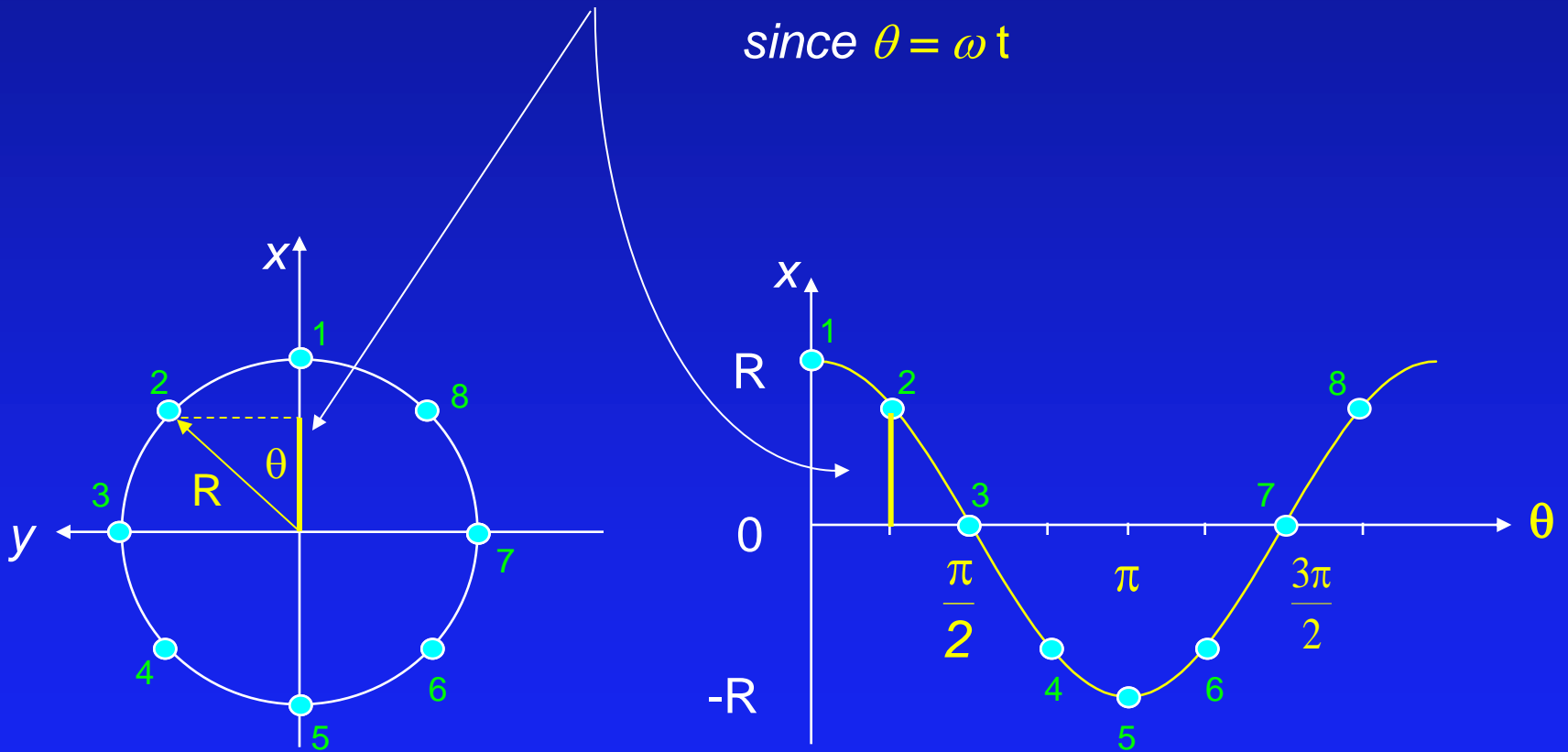
1. When $x = +A$ or $-A$ (i.e. maximum displacement)
2. When $x = 0$ (i.e. zero displacement)
3. The energy of the system is constant.



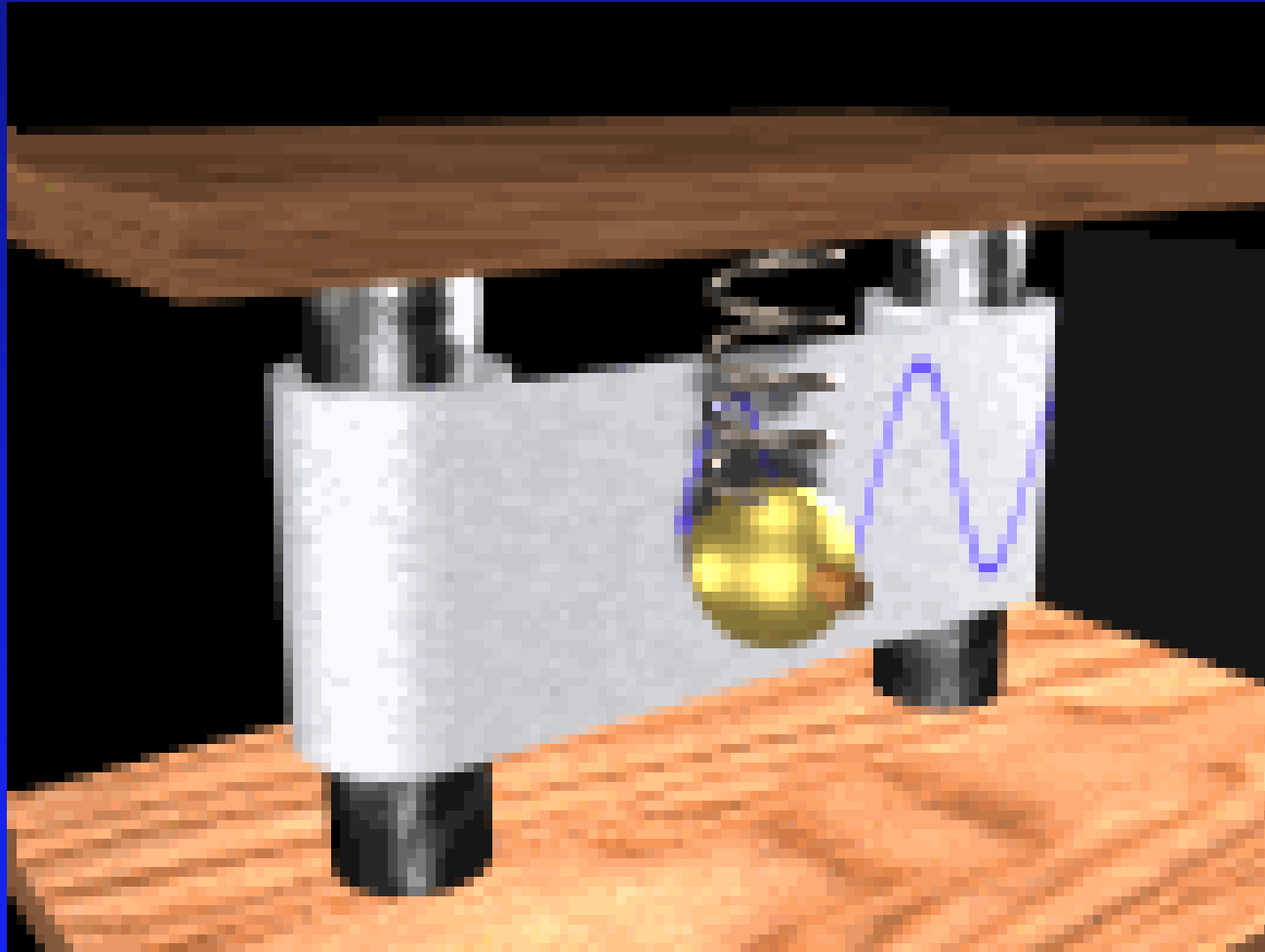
What does *moving in a circle* have to do with moving back & forth *in a straight line* ??

$$x = R \cos \theta = R \cos (\omega t)$$

since $\theta = \omega t$



SHM and Circles



Simple Harmonic Motion:

$$x(t) = [A]\cos(\omega t)$$

$$x(t) = [A]\sin(\omega t)$$

$$v(t) = -[A\omega]\sin(\omega t) \quad \text{OR}$$

$$v(t) = [A\omega]\cos(\omega t)$$

$$a(t) = -[A\omega^2]\cos(\omega t)$$

$$a(t) = -[A\omega^2]\sin(\omega t)$$

$$x_{\max} = A$$

Period = T (seconds per cycle)

$$v_{\max} = A\omega$$

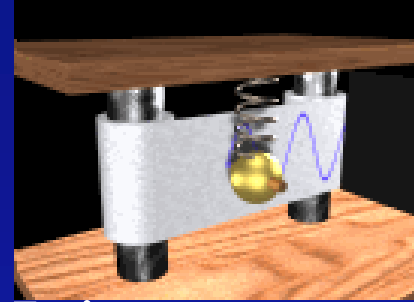
Frequency = $f = 1/T$ (cycles per second)

$$a_{\max} = A\omega^2$$

Angular frequency = $\omega = 2\pi f = 2\pi/T$

For spring: $\omega^2 = k/m$

Example

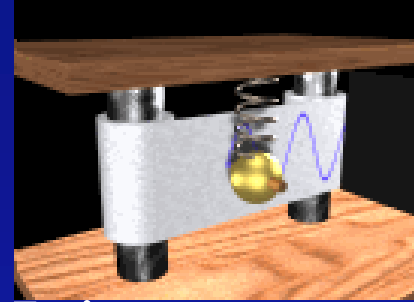


A 3 kg mass is attached to a spring ($k=24$ N/m). It is stretched 5 cm. At time $t=0$ it is released and oscillates.

Which equation describes the position as a function of time $x(t) =$

- A) $5 \sin(\omega t)$ B) $5 \cos(\omega t)$ C) $24 \sin(\omega t)$
D) $24 \cos(\omega t)$ E) $-24 \cos(\omega t)$

Example



A 3 kg mass is attached to a spring ($k=24$ N/m). It is stretched 5 cm. At time $t=0$ it is released and oscillates.

What is the total energy of the block spring system?

A) 0.03 J

B) .05 J

C) .08 J

Example



A 3 kg mass is attached to a spring ($k=24$ N/m). It is stretched 5 cm. At time $t=0$ it is released and oscillates.

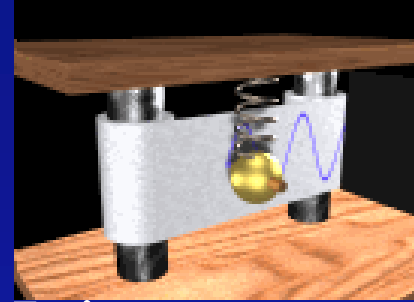
What is the maximum speed of the block?

A) .45 m/s

B) .23 m/s

C) .14 m/s

Example



A 3 kg mass is attached to a spring ($k=24$ N/m). It is stretched 5 cm. At time $t=0$ it is released and oscillates.

How long does it take for the block to return to $x=+5$ cm?

A) 1.4 s

B) 2.2 s

C) 3.5 s

Summary

- Springs

- $F = -kx$

- $U = \frac{1}{2} k x^2$

- $\omega = \text{sqrt}(k/m)$

- Simple Harmonic Motion

- Occurs when have linear restoring force $F = -kx$

- $x(t) = [A] \cos(\omega t)$ or $[A] \sin(\omega t)$

- $v(t) = -[A\omega] \sin(\omega t)$ or $[A\omega] \cos(\omega t)$

- $a(t) = -[A\omega^2] \cos(\omega t)$ or $-[A\omega^2] \sin(\omega t)$

Young's Modulus

- Spring $F = -k x$ [demo]
 - What happens to “k” if cut spring in half?
 - A) decreases B) same C) increases
- k is inversely proportional to length!
- Define
 - Strain = $\Delta L / L$
 - Stress = F/A
- Now
 - Stress = Y Strain
 - $F/A = Y \Delta L/L$
 - $k = Y A/L$ from $F = k x$
- Y (Young's Modulus) independent of L