1-Body Motion $\quad \vec{f}=\dot{\vec{p}}=m \ddot{\vec{r}} \quad \vec{p}=m \vec{v}=m \dot{\vec{r}}$
$\vec{l} \equiv \vec{r} \times \vec{p} \quad \vec{\tau} \equiv \vec{r} \times \vec{f}=\dot{\vec{l}} \quad \vec{f}_{\mathrm{EM}}=q(\vec{E}+\vec{v} \times \vec{B})$
$\vec{f}_{\text {air }}=-\left(b v+c v^{2}\right) \hat{v}=\vec{f}_{\text {lin }}+\vec{f}_{\text {quad }} \quad$ Reynolds $R \equiv D v \rho / \eta$ sphere, diameter D: $\quad b=\beta D \quad c=\gamma D^{2} \quad R=48 f_{\text {quad }} / f_{\text {lin }}$

Rocket Motion $\quad m \dot{v}=-\dot{m} v_{\text {ex }}+F^{\mathrm{EXT}}$
Miscellaneous $1 \mathrm{~m} / \mathrm{s} \approx 2 \mathrm{mph}$

$$
f_{\text {friction }}=\mu F_{N} \quad \vec{f}_{\text {grav }}=-\frac{G M m}{r^{2}} \hat{r}
$$

Collective Motion $\quad *$ assuming Newton's $3^{\text {rd }}$ Law $\rightarrow F^{\mathrm{INT}}$ cancel
Notation for collective properties

- unsubscripted capital letter $\rightarrow$ "TOTAL", except for $\ldots$
- unsubscripted capital position, velocity, accel $\rightarrow$ "OF THE CM"
$\diamond$ subscript $\neq$ coordinate index $\rightarrow$ "OF"
$\bullet$ no superscript $\rightarrow$ "RELATIVE TO ORIGIN"
$\bullet$ superscript () $\rightarrow$ "RELATIVE TO (POINT)"
$\bullet$ superscript prime' $\rightarrow$ "RELATIVE TO THE CM"
CM: $\quad M \vec{R} \equiv \sum_{i} m_{i} \vec{r}_{i} \quad \vec{P}=M \dot{\vec{R}} \quad \vec{L}_{C M}=\vec{R} \times \vec{P}$
Rotating Body: for any BODY-FIXED vector $\vec{B}, \dot{\vec{B}}=\vec{\omega} \times \vec{B}$
Moment of Inertia: for any BODY-FIXED point $B$,

$$
I_{\hat{\omega}}^{(B)} \equiv \sum m_{i}\left|\vec{r}_{i}^{(B)} \times \hat{\boldsymbol{\omega}}\right|^{2} \quad L_{\omega}^{(B)}=I_{\hat{\omega}}^{(B)} \omega \quad T^{(B)}=\frac{1}{2} I_{\hat{\omega}}^{(B)} \omega^{2}
$$

EOM in Inertial Frames
$\vec{F}^{\mathrm{EXT}}=\dot{\vec{P}}$
$\vec{\tau}^{\mathrm{EXT},(A)}=\dot{\vec{L}}^{(A)}$ if reference point A

- is the CM, or
- is not accelerating, or
- $\ddot{\vec{r}}_{A} \|\left(\vec{R}-\vec{r}_{A}\right)$
$T+U^{\mathrm{EXT}}+U^{\mathrm{INT}}=$ conserved for
conservative forces


## Decompositions

$\vec{P}=\vec{P}_{C M} \quad I_{\hat{\omega}}^{(B)}=I_{\mathrm{CM}, \hat{\omega}}^{(B)}+I_{\hat{\omega}}^{\prime}$
$\vec{L}=\vec{L}_{\mathrm{CM}}+\vec{L}^{\prime} \quad \vec{\tau}_{C M}^{\mathrm{EXT}}=\dot{\vec{L}}_{C M}$
$T=T_{\mathrm{CM}}+T^{\prime} \quad T=T^{\text {(stationary point) }}$

Uniform Gravity: If $\vec{f}^{\mathrm{EXT}}=m \vec{g}$ only $\rightarrow \quad \vec{F}^{\mathrm{EXT}}=M \vec{g} \quad \vec{\tau}^{\mathrm{EXT}}=\vec{R} \times M \vec{g} \quad \vec{\tau}^{\mathrm{EXT}}=0 \quad U^{\mathrm{EXT}}=M g H$

