Studying the Impact of Managers on Password Strength and Reuse

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Passwords History

- Default authentication method
- Poor security... Why?
- Weak passwords
- Re-use passwords
- Solution -> Password managers
 - Less re-use since you do not have to remember the password
 - Generate strong passwords



Most Common Passwords

- 1. 123456
- 2. Password
- 3. 12345678
- 4. qwerty
- 5. 12345
- 6. 123456789
- 7. letmein
- 8. 1234567
- 9. football
- 10. iloveyou



Study Overview

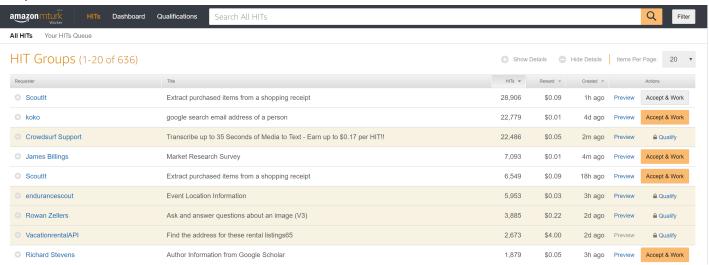
Using Amazon Mechanical Turk

- 1. Initial survey sampling
- 2. Collection of password metrics
- 3. Exit survey



Amazon Mechanical Turk

• Web service enables companies to programmatically access this marketplace and a diverse, on-demand workforce





Initial Survey

- 31-34 questions on password behavior
 - How does the participant create and manage their passwords
 - Demographic questions
- Obtain general idea of common password creation and storage in the public
- Reduce bias using these questions
- Participant Criteria
 - Located in US, 100+ previously approved tasks/70% all of tasks, 18+ years old
- Participants received \$4
- 505 participants, reliable data = 476



Study Statistics

- 476 participants for a survey
- Determine strategies for:
 - Creating a password
 - Storing a password
 - Attitudes toward passwords
 - Past experience with password leaks and password managers
- Classify 2 groups: password manager users and users that don't have help for password creation



Study Follow-up

- Invited 364, 174 started, and 170 finished
- 170 participants recruited -> 49 use password managers
- Chrome browser plugin for password manager users to collect password metrics and questionnaire on passwords
- Participants paid \$20 when finished
- Ask participants to re login to websites that stay logged into



Chrome Plug-In

- Monitors input to password fields and sends metrics back to server
- Metrics:
 - Length of password and frequency of each character
 - Password strength (Shannon, NIST entropy and zxcvbn score)
 - Website category
 - Entry method (human, Chrome password manager, copy&paste, 3rd party password manager plug-in, external password manager program)
 - Questionnaire (website's value for privacy)
 - Hashes (password and 4 character substring)



zxcvbn

- More reliable than Shannon or NIST
- Uses pattern matching, password dictionaries, and mangling rules to determine crackability of passwords
- Scales password strength from 0 (weakest) to 4 (strongest)
- Ex) !@#\$%^&*() score 1 since straight row of keys
- Ex) AiWuutaiveep9 score 4 and randomly generated



Password Entry Method

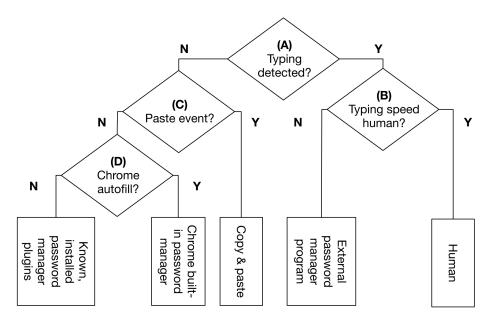


Figure 2. Decision tree of our plugin to detect password entry methods

Plug-In Questionnaire

| Question 1: Did you successfully login to twitter.com? | | | | | | | | | |
|--|--------------------|------------------|-----------------|----------------------|-------------|-----------|-----------|-------------------|-----|
| Yes | No O | | | | | | | | |
| Questic | on 2: How stronge/ | secure do you | think the passv | vord is that | you just ha | ve entere | ed on thi | s website | ? |
| , , | | | , () | | N/A | | | | |
| | | | | | \circ | | | | |
| Questi | on 3: Do you agre | e with these st | atements? | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree | N/A |
| The cu | rrent website hand | lles privacy ser | nsitive | 0 | 0 | 0 | 0 | 0 | 0 |
| | | | | | | | | | |



Privacy Concerns

- Show source code to users with IT background
- Explain purpose of study with high transparency
- Only take website category
- Only send information if user fills out questionnaire
- Show user what information is being sent
- Only collect successful login, no website browsing
- Only take the hashes of passwords



Privacy Concerns Cont.

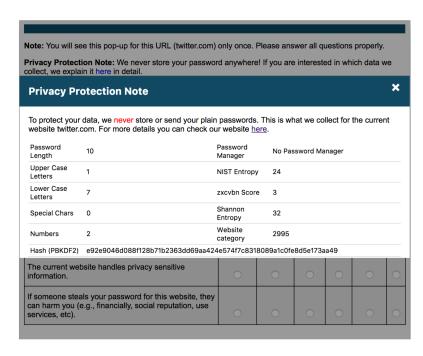


Figure 4. Notice by our plugin about the collected data for the current website.

Exit Survey

- 113 workers invited and 109 workers accepted
- \$1.50 compensation for completing survey
- Invite workers from Chrome plug-in that do not use extra password manager software
- Have they used external password manager software, if so why don't they still use it?



Basic Statistics

Significant correlation between password strength and reuse

Table VI
SUMMARY STATISTICS FOR ALL 170 PARTICIPANTS IN OUR PLUGIN-BASED DATA COLLECTION. LIKE [50], WE FIRST COMPUTED MEANS FOR EACH PARTICIPANT AND THEN COMPUTED THE MEAN, MEDIAN, STANDARD DEVIATION, AND MIN/MAX VALUES OF THOSE MEANS.

| Statistic | Mean | Median | SD | Min | Max | |
|--------------------------|--------|--------|--------|-------|---------|--|
| Number of passwords | 10.39 | 9.00 | 5.52 | 1.00 | 27.00 | |
| Entry methods | 2.24 | 2.00 | 0.75 | 1.00 | 4.00 | |
| Percentage reused passwo | rds | | | • | | |
| Non-reused | 29.44% | 21.58% | 28.25% | 0.00% | 100.00% | |
| Only-exact-reused | 15.72% | 0.00% | 24.43% | 0.00% | 100.00% | |
| Only-partially-reused | 18.38% | 11.11% | 19.88% | 0.00% | 100.00% | |
| Exact-and-partial reused | 36.46% | 38.75% | 30.88% | 0.00% | 100.00% | |
| Password composition | | | | | | |
| Length | 9.61 | 9.29 | 1.72 | 6.33 | 16.86 | |
| Character classes | 2.52 | 2.50 | 0.58 | 1.00 | 3.94 | |
| Digits | 2.54 | 2.38 | 1.24 | 0.25 | 6.73 | |
| Uppercase letters | 0.85 | 0.67 | 0.81 | 0.00 | 4.62 | |
| Lowercase letters | 5.92 | 5.72 | 1.96 | 1.67 | 15.50 | |
| Special characters | 0.30 | 0.10 | 0.54 | 0.00 | 5.19 | |
| Password strength | | | | | | |
| Zxcvbn score | 2.20 | 2.14 | 0.75 | 0.67 | 4.00 | |
| Shannon entropy | 29.31 | 28.37 | 7.93 | 16.00 | 68.00 | |
| NIST entropy | 23.50 | 23.00 | 2.98 | 17.17 | 35.69 | |



Plug-In Metrics

Table VII
NUMBER OF DISTINCT PASSWORD ENTRIES WITH EACH ENTRY METHOD.

| Entry method | All passwords | Unique passwords |
|------------------|---------------|------------------|
| Chrome auto-fill | 949 (53.71%) | 540 (51.67%) |
| Human | 590 (33.39%) | 331 (31.67%) |
| LastPass plugin | 128 (7.24%) | 100 (9.57%) |
| Copy&paste | 55 (3.11%) | 51 (4.88%) |
| Unknown plugin | 41 (2.32%) | 23 (2.20%) |
| External manager | 4 (0.23%) | 0 (0.00%) |
| Σ | 1,767 | 1,045 |

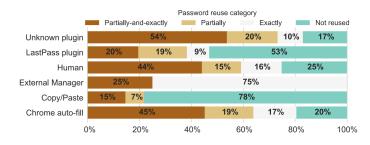


Figure 5. Breakdown of password reuse by entry method for all passwords.



Figure 6. Breakdown of zxcvbn scores per entry method for unique passwords.

Grouping of Participants

- Split the participants into 2 groups
- Password Managers/Generators (PWM): Those who reported using an external password manager or a password generator in initial survey
- Human-Generated (Human): Those who generate their passwords using a strategy that does not involve technical means



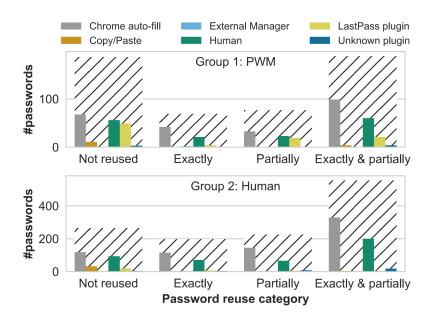


Figure 8. Distribution of password reuse categories by participant group and broken down by detected entry method. Hatched bars show total number of passwords per category. (Note the different y-axis limits)

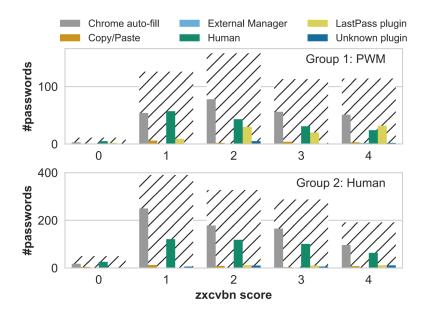


Figure 7. Password strength distribution by participant group and broken down by detected entry method. Hatched bars show total number of passwords per score. (Note the different y-axis limits)

Regression Model

- First test basic multi-level models for password reuse and strength without any explanatory variables
- Extend models by adding sets of predictors
- 1. Login Level:
 - a) Entry method
 - b) Website value to participant
 - c) Self-reported password strength
- 2. User Level:
 - a) Number of submitted passwords per user
 - b) Password creation strategy
 - c) Password management strategy
- 3. Cross Level interactions between user's password creation strategy and entry method



Method to Pick Model

- AIC Akaike Information Criterion
 - · Estimates quality of model to data
 - Lower the better

Table XII
GOODNESS OF FIT FOR THE MODELS PREDICTING ZCVBN SCORES

| | AIC | logLik | df | Pr(>Chisq) |
|-------------------|--------|---------|----|------------|
| simple regression | 5080.6 | -2536.3 | | |
| multi-level base | 4536.7 | -2263.4 | 1 | < 0.001 |
| + login level | 4316.3 | -2147.1 | 6 | < 0.001 |
| + user level | 4320.4 | -2143.2 | 6 | 0.2494034 |
| + interactions | 4309.5 | -2133.7 | 4 | < 0.001 |

Table XIII GOODNESS OF FIT FOR THE MODELS PREDICTING PASSWORD REUSE

| | AIC | logLik | Df | Pr(>Chisq) |
|-------------------|--------|---------|----|------------|
| simple regression | 1959.7 | -978.84 | | |
| multi-level base | 1794.6 | -895.28 | 1 | < 0.001 |
| + login level | 1694.9 | -839.46 | 6 | < 0.001 |
| + user level | 1684.7 | -828.37 | 6 | < 0.01 |
| + interactions | 1687.6 | -825.80 | 4 | 0.27351 |

Zxcvbn Model

- Self-reported password strength is a significant predictor of actual password strength
- Password entry method alone was not a significant predictor
- Password entry method AND creation strategy was, however, are significant predictors



Password Reuse Model

- Significantly influenced by entry method
 - Compared to human entry odds:
 - 2.85x lower when using LastPass plug-in
 - 14.29x lower with copy&paste
- Passwords from those who use password generators are 3.7x more likely to not to be reused
- Passwords less likely to be reused:
 - Passwords entered into a website with higher value
 - Passwords that users considered strong
 - People who used analog password storage



Password Reuse Model Cont.

- Compared to human entry odds, 1.65x more likely to reuse with Chrome autofill
- With more passwords, it is more likely to reuse passwords



Participants Background

Table IX
DEMOGRAPHICS OF OUR TWO PARTICIPANT CATEGORIES.

| | Human | PWN |
|----------------------------|--------------|------------|
| Number of participants | | |
| | 121 | 4 |
| Gender | | |
| Female | 59 (48.76%) | 14 (28.57% |
| Male | 62 (51.24%) | 35 (71.43% |
| Age group | | |
| 18-30 | 48 (39.67%) | 16 (32.65% |
| 31-40 | 39 (32.23%) | 24 (48.98% |
| 41-50 | 27 (22.31%) | 5 (10.20% |
| 51-60 | 5 (4.13%) | 3 (6.12% |
| 61-70 | 2 (1.65%) | |
| ≥71 | 0.0 | 1 (2.04% |
| Computer science backgro | | |
| Yes | 10 (8.26%) | 17 (34.69% |
| No | 111 (91.74%) | 32 (65.13% |
| Education level | | |
| Less than high school | 0 | 1 (2.04% |
| High school graduate | 22 (18.18%) | 4 (8.16% |
| Some college, no degree | 28 (23.14%) | 6 (12.24% |
| Associate's degree | 27 (22.31%) | 7 (14.29% |
| Bachelor degree | 35 (28.93%) | 27 (55.10% |
| Ph.D. | 0 | 1 (2.04% |
| Graduate/prof. degree | 9 (7.44%) | 3 (6.12% |
| Ethnicity | | |
| White/Caucasian | 91 (75.21%) | 32 (65.31% |
| Black/African American | 15 (12.40%) | 10 (20.41% |
| Asian | 5 (4.13%) | 4 (8.16% |
| Hispanic/Latino | 10 (8.26%) | 2 (4.08% |
| Multiracial | 0 | 1 (2.04% |
| Privacy concern (Westin in | idex) | |
| Privacy fanatic | 45 (37.19%) | 21 (42.86% |
| Privacy unconcerned | 15 (12.40%) | 16 (32.65% |
| Privacy pragmatist | 61 (50.41%) | 12 (24.49% |
| Attitude about passwords | | |
| Pessimist | 1 (0.83%) | 2 (4.08% |
| Optimist | 88 (72.73%) | 44 (89.80% |
| Conflicted | 32 (26.45%) | 3 (6.12% |
| Prior password leaked exp | erienced | |
| No | 53 (43.80%) | 19 (38.78% |
| Yes | 44 (36.36%) | 14 (28.57% |
| Not aware of | 24 (19.83%) | 16 (32.65% |

Table X
DISTRIBUTION OF ENTRY METHODS PER PARTICIPANT GROUP.

| Entry method | Group 1 (PWM) | Group 2 (Human) |
|------------------|---------------|-----------------|
| All passwords | | |
| Chrome auto-fill | 242 (46.36%) | 707 (56.79%) |
| Human | 160 (30.65%) | 430 (34.54%) |
| LastPass plugin | 93 (17.82%) | 35 (2.81%) |
| Copy&paste | 16 (3.07%) | 39 (3.13%) |
| Unknown plugin | 8 (1.53%) | 33 (2.65%) |
| External manager | 3 (0.57%) | 1 (0.08%) |
| \sum | 522 | 1245 |
| Unique passwords | | |
| Chrome auto-fill | 144 (42.99%) | 396 (55.77%) |
| Human | 101 (30.15%) | 230 (32.39%) |
| LastPass plugin | 72 (21.49%) | 28 (3.94%) |
| Copy&paste | 14 (4.18%) | 37 (5.21%) |
| Unknown plugin | 4 (1.19%) | 19 (2.68%) |
| Σ | 335 | 710 |

Analysis

- External password managers or copy&paste passwords lead to less password reuse
- Chrome autofill has more password reuse
- Password strength and reuse has a strong correlation
- Password reuse is common except for LastPass plug-in and copy&paste
- 80% Chrome autofill passwords reused
- 47% LastPass plug-in passwords reused
- LastPass had strongest average strength of passwords (2.80 mean)



Exit Survey Result

Table XVI EXIT SURVEY'S RESULT

| Users do not use any kind of 3rd party password managers because | | | | |
|--|--------|--|--|--|
| the participants do not trust vendor/software | 37.61% | | | |
| they cost lots of money | 20.18% | | | |
| they are not really easy to set up/ easy to use | 11.93% | | | |
| of lack of synchronization between users' different device | 7.34% | | | |
| of lack of support for the user device | 2.75% | | | |
| Other Reasons | | | | |
| Chrome's password saving feature suffices for the users | 59.63% | | | |
| can handle managing the password w/o manager | 37.61% | | | |
| did not think about it before | 29.36% | | | |
| not sure which one is better | 24.77% | | | |

Why Participants do not use PWM

- Single point of failure
- "I think that it saves time but also generates a way for hackers to steal the information for themselves."



Limitations

- Not much discussion among password strength/reuse and website category
- Final survey assumes knowledge of 3rd party password managers



Discussion

- What did you think about the survey?
- Stronger passwords are correlated with people with CS backgrounds... Is there a bias that CS backgrounds are more familiar with the risks of weak passwords?
- What could they have done better?
- What would be some good follow-up studies?



Sources

- Lyastani, Sanam Ghorbani, Michael Schilling, Sascha Fahl, Sven Bugiel, and Michael Backes. "Better managed than memorized? Studying the Impact of Managers on Password Strength and Reuse." In 27th {USENIX} Security Symposium ({USENIX} Security 18). USENIX} Association}.
- Lyastani, Sanam Ghorbani, Michael Schilling, Sascha Fahl, Sven Bugiel, and Michael Backes. "Studying the Impact of Managers on Password Strength and Reuse." arXiv preprint arXiv:1712.08940 (2017).
- http://fortune.com/2017/12/19/the-25-most-used-hackable-passwords-2017star-wars-freedom/

