

Physics 101: Lecture 9

Work and Kinetic Energy



- Previously:

A free-body diagram of a pink square block on a surface. Four force vectors are shown: a blue arrow labeled 'friction' pointing left (-x), a red arrow labeled 'Normal' pointing up (+y), a green arrow labeled 'Hand' pointing right (+x), and a red arrow labeled 'W' pointing down (-y). To the right of the diagram is the equation $\vec{F} = m\vec{a}$, followed by an arrow pointing to a set of three equations:
$$\begin{cases} F_x = ma_x \\ F_y = ma_y \\ F_z = ma_z \end{cases}$$

- Used Newton's #2 to find net force, acceleration, and from there other stuff like speed, distance moved, etc. This is a pain because of vectors...
- There is an easier way to do **some** of this with *scalars*!

Energy – A Scalar!

- Forms

- Kinetic Energy Motion (Today)
- Potential Energy Stored (Next lecture)
- Heat later
- Mass ($E=mc^2$) phys 102

- Units: Joules = $\text{kg m}^2/\text{s}^2 = \text{N m}$

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Energy is Conserved

- Energy is “Conserved” meaning it cannot be created nor destroyed
 - Can change form
 - Can be transferred
- Total Energy does not change with time.
 - 1. Calculate total energy BEFORE a process
 - 2. Calculate total energy AFTER the process
 - They MUST be equal!!!

This is a BIG deal!

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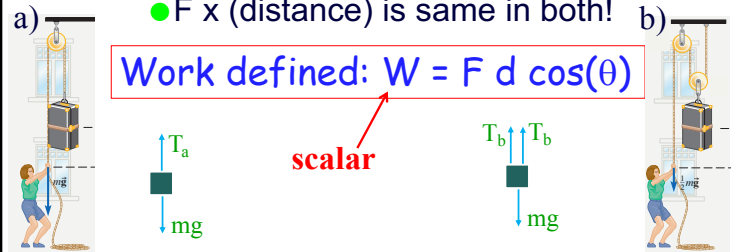
Work: Energy Transfer due to Force

- Force to lift trunk at constant speed

- Case a $T_a - mg = 0$ $T_a = mg$
- Case b $2T_b - mg = 0$ $T_b = \frac{1}{2} mg$

- But in case b, trunk only moves $\frac{1}{2}$ distance you pull rope.

- $F \times (\text{distance})$ is same in both!

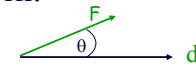


Work by Constant Force: Clicker Qs

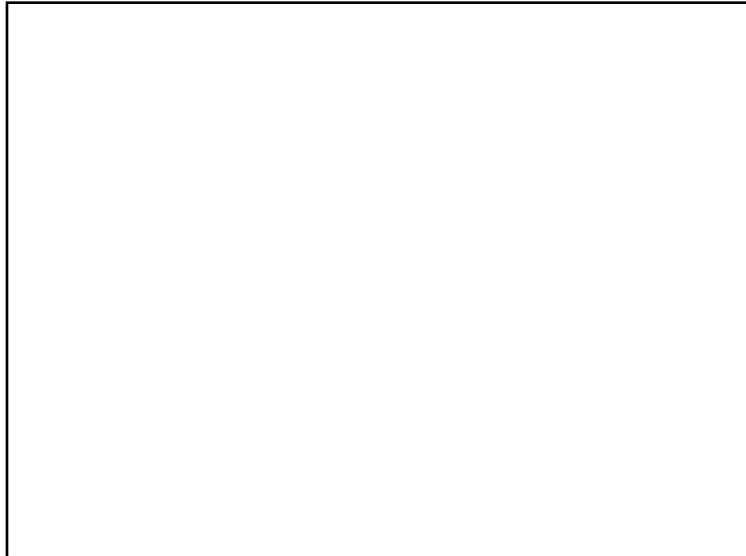
A) $W > 0$ B) $W = 0$ C) $W < 0$

- Only component of force parallel to direction of motion does work!

→ $W = F d \cos \theta$



- 1) $W_F < 0: 90 < \theta < 180 : \cos(\theta) < 0$
- 2) $W_F = 0: \theta = 90 : \cos(\theta) = 0$
- 3) $W_F < 0: 90 < \theta < 180 : \cos(\theta) < 0$
- 4) $W_F > 0: 0 < \theta < 90 : \cos(\theta) > 0$



Work by Constant Force

- Example:** You pull a 30 N chest 5 meters across the floor at a constant speed by applying a force of 50 N at an angle of 30 degrees. How much work is done by the 50 N force?

$$\begin{aligned}
 W &= F d \cos \theta \\
 &= (50 \text{ N}) (5 \text{ m}) \cos (30) \\
 &= 217 \text{ J}
 \end{aligned}$$

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Where did the energy go?

- Example:** You pull a 30 N chest 5 meters across the floor at a constant speed, by applying a force of 50 N at an angle of 30 degrees.
- How much work did gravity do?

$$\begin{aligned}
 W &= mg d \cos \theta \\
 &= 30 * 5 \cos(90) \\
 &= 0
 \end{aligned}$$
- How much work did friction do?

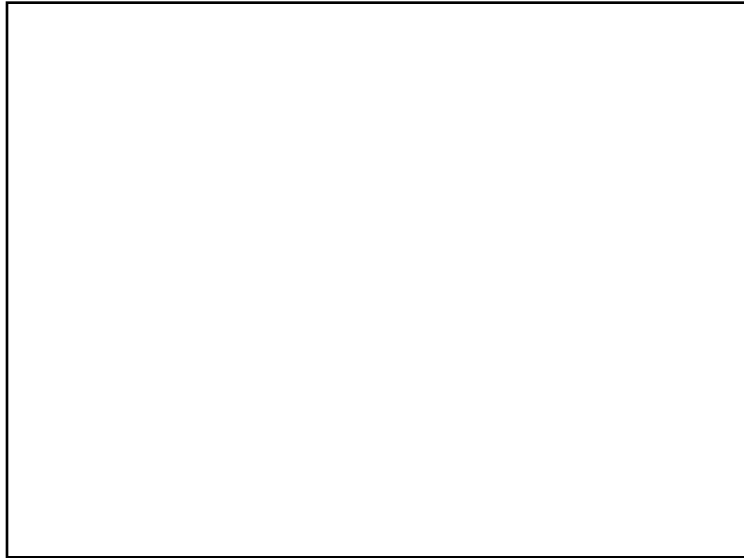
X-Direction: $F_{\text{Net}} = ma$
 $T \cos(30) - f = 0$
 $f = T \cos(30)$

$$\begin{aligned}
 W &= f d \cos \theta \\
 &= 50 \cos(30) * 5 \cos(180) \\
 &= -217 \text{ J}
 \end{aligned}$$

Tension and friction do equal and opposite work

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Kinetic Energy: Motion

- Apply constant force along x-direction to a point particle m .

$$W = F \Delta x$$

$$= m a \Delta x$$

$$= \frac{1}{2} m (v_f^2 - v_o^2)$$

$$= \frac{1}{2} m v_f^2 - \frac{1}{2} m v_o^2$$

$$\text{recall: } v_f^2 = v_o^2 + 2 a \Delta x$$

$$a \Delta x = \frac{1}{2}(v_f^2 - v_o^2)$$

- Work changes $\frac{1}{2} m v^2$
- Define Kinetic Energy $K = \frac{1}{2} m v^2$

$$W = \Delta K \quad \text{For Point Particles}$$

(i.e. no rotation!)

Called the Work-Kinetic Energy Theorem

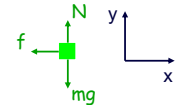
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Example: Block w/ friction

- A block is sliding on a surface with an initial speed of 5 m/s. If the coefficient of kinetic friction, μ_k , between the block and table is 0.4, how far does the block travel before stopping?

Big idea: 1) Apply Work-KE theorem



Plan: 1) Draw FBD to identify Fs

2) Apply $W_{\text{tot}} = \Delta K$ (only one F does work)

3) Solve for distance travelled



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Example: Block w/ friction

- A block is sliding on a surface with an initial speed of 5 m/s. If the coefficient of kinetic friction, μ_k , between the block and table is 0.4, how far does the block travel before stopping?

2) $W_{\text{tot}} = \Delta K$

$W_N = 0$

$W_{\text{mg}} = 0$

$W_f = f d \cos(180) = -\mu_k mgd$

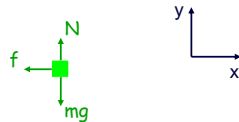
$W_{\text{tot}} = -\mu_k mgd = \frac{1}{2} m (v_f^2 - v_o^2)$
 $= \frac{1}{2} m (0 - v_o^2)$

3) Solve for d

$-\mu_k g d = \frac{1}{2} (0 - v_o^2)$

$\mu_k g d = \frac{1}{2} v_o^2$

$d = \frac{1}{2} v_o^2 / \mu_k g$
 $= 3.1 \text{ meters}$



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Falling Ball Example

- Ball falls a distance 5 meters, What is final speed?

Only force/work done by gravity.

Apply Work-Energy Thm:

$W = \Delta K$

$W_g = \frac{1}{2} m (v_f^2 - v_i^2)$

$F_g d \cos(0) = \frac{1}{2} m v_f^2$

$mg d = \frac{1}{2} m v_f^2$

Solve for v_f :

$V_f = \text{sqrt}(2 g d) = 9.9 \text{ m/s}$



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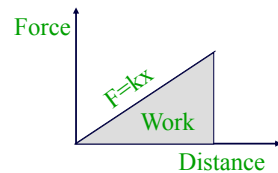
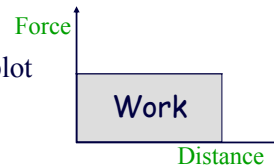
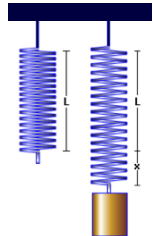
Work by Variable Force

● $W = F_x \Delta x$

→ Work is area under F vs x plot

→ Spring $F = k x$

» Area = $\frac{1}{2} k x^2 = W_{\text{spring}}$



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Summary

- Energy is Conserved
- Work = transfer of energy using force
 - Can be positive, negative or zero
 - $W = F d \cos(\theta)$
- Kinetic Energy (Motion)
 - $K = \frac{1}{2} m v^2$
- Work = Change in Kinetic Energy
 - $W_{\text{Net}} = \Delta K$

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