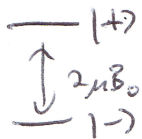


# 2-Level Systems cont'd

Lecture 8  
 PHYS 598 AQ  
 Fall 2017

2-Level system w/ oscillating  
 transverse field → "quantum" version

$$H = -\vec{\mu} \cdot \vec{B} \quad \text{let } \vec{B} = B_0 \hat{z} + B_1 \cos(\omega t + \varphi) \hat{x}$$



$$H = -\mu \tilde{\sigma}_z B_0 - \mu B_1 \tilde{\sigma}_x \cos(\omega t + \varphi)$$

$$\left( \frac{\tilde{\sigma}_+ + \tilde{\sigma}_-}{2} \right) \frac{e^{i(\omega t + \varphi)} + e^{-i(\omega t + \varphi)}}{2}$$

$$H = -\mu B_0 \tilde{\sigma}_z + \hbar \Omega (\tilde{\sigma}_+ + \tilde{\sigma}_-) \left[ e^{i(\omega t + \varphi)} + e^{-i(\omega t + \varphi)} \right]$$

or

$$H = \hbar \begin{pmatrix} \frac{\omega_0}{2} & \Omega (e^{i(\omega t + \varphi)} + e^{-i(\omega t + \varphi)}) \\ \Omega \left[ e^{i(\omega t + \varphi)} + e^{-i(\omega t + \varphi)} \right] & -\omega_0/2 \end{pmatrix}$$

as in  
 classical  
 case, let's  
 go to  
 "rotating frame"  
 and make R.W.

where

$$\hbar \omega_0 = -2\mu B_0$$

Larmor  
 freq

$$\text{and } \hbar \Omega = -\frac{\mu B_1}{4}$$

Rabi  
 frequency

electron,  $\mu < 0$

Ω is real

②

"rotating frame", aka basis transformation

Let's look at time-dependence of coefficients for the state  $|\psi\rangle = a_+|+\rangle + a_-|-\rangle$

Schrod

(A)  $i\hbar \dot{a}_+(t) = \frac{\hbar\omega_0}{2} a_+(t) + \hbar\Omega \left[ e^{i(\omega t + \varphi)} + e^{-i(\omega t + \varphi)} \right] a_-(t)$

(B)  $i\hbar \dot{a}_-(t) = \hbar\Omega \left[ e^{i(\omega t + \varphi)} + e^{-i(\omega t + \varphi)} \right] a_+(t) - \frac{\hbar\omega_0}{2} a_-(t)$

Let's change to a new basis, w/ coefficients given by "rotating" basis

$$b_+(t) = e^{i\frac{\omega t}{2}} a_+(t) \quad \text{and} \quad b_-(t) = e^{-i\frac{\omega t}{2}} a_-(t)$$

(A')  $i \frac{d}{dt} \left( e^{-i\frac{\omega t}{2}} b_+(t) \right) = \frac{\omega_0}{2} e^{-i\frac{\omega t}{2}} b_+(t) + \Omega \left( e^{-i(\omega_0 t + \varphi)} + e^{i(\omega_0 t + \varphi)} \right) e^{i\frac{\omega t}{2}} b_-(t)$

$$\frac{\omega}{2} e^{-i\frac{\omega t}{2}} b_+(t) + i e^{-i\frac{\omega t}{2}} \dot{b}_+(t) = \frac{\omega_0}{2} e^{-i\frac{\omega t}{2}} b_+(t) + \Omega e^{-i\frac{\omega t}{2}} \left( e^{-i(\omega_0 t + \varphi)} + e^{i(\omega_0 t + \varphi)} \right) b_-(t)$$

counter-rotating

$$\hookrightarrow i \dot{b}_+(t) = \left( \frac{\omega_0 - \omega}{2} \right) b_+(t) + \underbrace{\Omega \left[ e^{-i(\omega_0 t + \varphi)} + e^{i(\omega_0 t + \varphi)} \right]}_{\text{RWA}} e^{i\omega t} b_-(t)$$

$$\underbrace{\hspace{10em}}_{\Omega e^{-i\varphi} b_-(t)}$$

co-rotating

Let  $\delta = \omega_0 - \omega$

③

(A)  $i\dot{b}_+ = -\frac{\delta}{2}b_+ + \Omega e^{-i\varphi}b_-$

(B)  $i\dot{b}_- = \Omega e^{i\varphi}b_+ + \frac{\delta}{2}b_-$

no more time-dependence  
to off-diagonal  
coupling terms

$$\tilde{H}_{RWA} = \hbar \begin{pmatrix} -\delta/2 & \Omega e^{-i\varphi} \\ \Omega e^{i\varphi} & \delta/2 \end{pmatrix} \Rightarrow$$

recall mapping onto effective B-field  
 $\mu B_x^{eff} = -\text{Re}(H_{+-})$   
 $\mu B_y^{eff} = \text{Im}(H_{+-})$

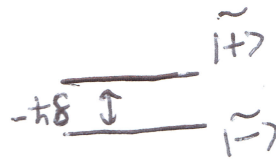
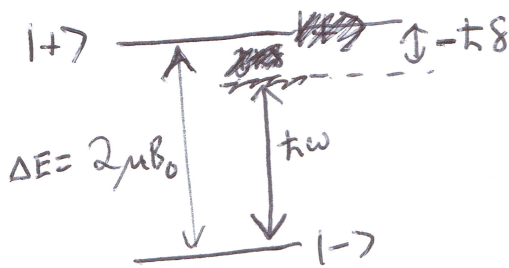
w/  $|\tilde{\psi}\rangle = b_+(t)|\tilde{+}\rangle + b_-(t)|\tilde{-}\rangle$

$\varphi$  sets direction of transverse  
field  $\Rightarrow$  rotation about

$$\hat{n}_\varphi = \cos\varphi \hat{x} + \sin\varphi \hat{y}$$

for  $\mu < 0$

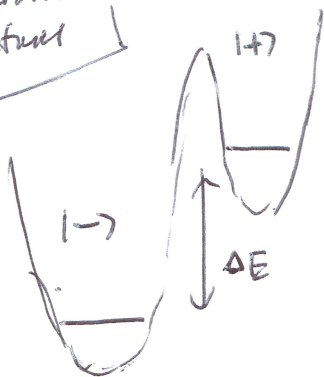
where



"degenerate" if  
 $\omega = \omega_0$

as, be

alternative  
picture

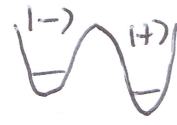


$\rightarrow$



when on  
resonance

$\rightarrow$



for  $\omega > \omega_0$

④

general solutioneigenstates

$$|e\rangle = \cos\frac{\theta}{2}|\tilde{+}\rangle + \sin\frac{\theta}{2}e^{i\varphi}|\tilde{-}\rangle$$

$$|g\rangle = -\sin\frac{\theta}{2}e^{-i\varphi}|\tilde{+}\rangle + \cos\frac{\theta}{2}|\tilde{-}\rangle$$

$$\text{w/ } \tan\theta = \frac{-2\Omega}{\delta}$$

$$E_e = \frac{\hbar}{2} \sqrt{\delta^2 + 4\Omega^2} = \hbar\tilde{\Omega}$$

$$E_g = -\frac{\hbar}{2} \sqrt{\delta^2 + 4\Omega^2} = -\hbar\tilde{\Omega}$$

$\tilde{\Omega}$  is the generalized Rabi rate, where  $\tilde{\Omega} = \Omega$  if  $\delta = 0$

$$\Delta E = E_e - E_g = 2\hbar\tilde{\Omega}$$

What happens to some initial state?

Let's say that  $|\psi(t=0)\rangle = |+\rangle \leftarrow \text{same as } |\tilde{+}\rangle$

$$|\psi(t=0)\rangle = \cos\frac{\theta}{2}|e\rangle - \sin\frac{\theta}{2}|g\rangle$$

not an eigenstate, and so we'll get evolution

$$\hookrightarrow |\psi(t)\rangle = \cos\frac{\theta}{2} e^{-iE_e t/\hbar} |e\rangle - \sin\frac{\theta}{2} e^{-iE_g t/\hbar} |g\rangle$$

$$\text{w/ } P_-(t) = |\langle - | \psi(t) \rangle|^2 = \left| \cos\frac{\theta}{2} \sin\frac{\theta}{2} e^{i\varphi} e^{-i\tilde{\Omega}t} - \sin\frac{\theta}{2} \cos\frac{\theta}{2} e^{i\varphi} e^{i\tilde{\Omega}t} \right|^2$$

$$= \underbrace{\left| \cos\frac{\theta}{2} \sin\frac{\theta}{2} \right|^2}_{\left| \frac{\sin\theta}{2} \right|^2} \underbrace{\left| e^{i\varphi} \right|^2}_1 \underbrace{\left| e^{-i\tilde{\Omega}t} - e^{i\tilde{\Omega}t} \right|^2}_{4\sin^2(\tilde{\Omega}t)}$$

$$= \frac{\Omega^2}{4\Omega^2 + \delta^2} 4\sin^2(\tilde{\Omega}t)$$

5

$$P_-(t) = \frac{4\Omega^2}{4\Omega^2 + \delta^2} \sin^2 \left[ \sqrt{\frac{4\Omega^2 + \delta^2}{2}} t \right]$$

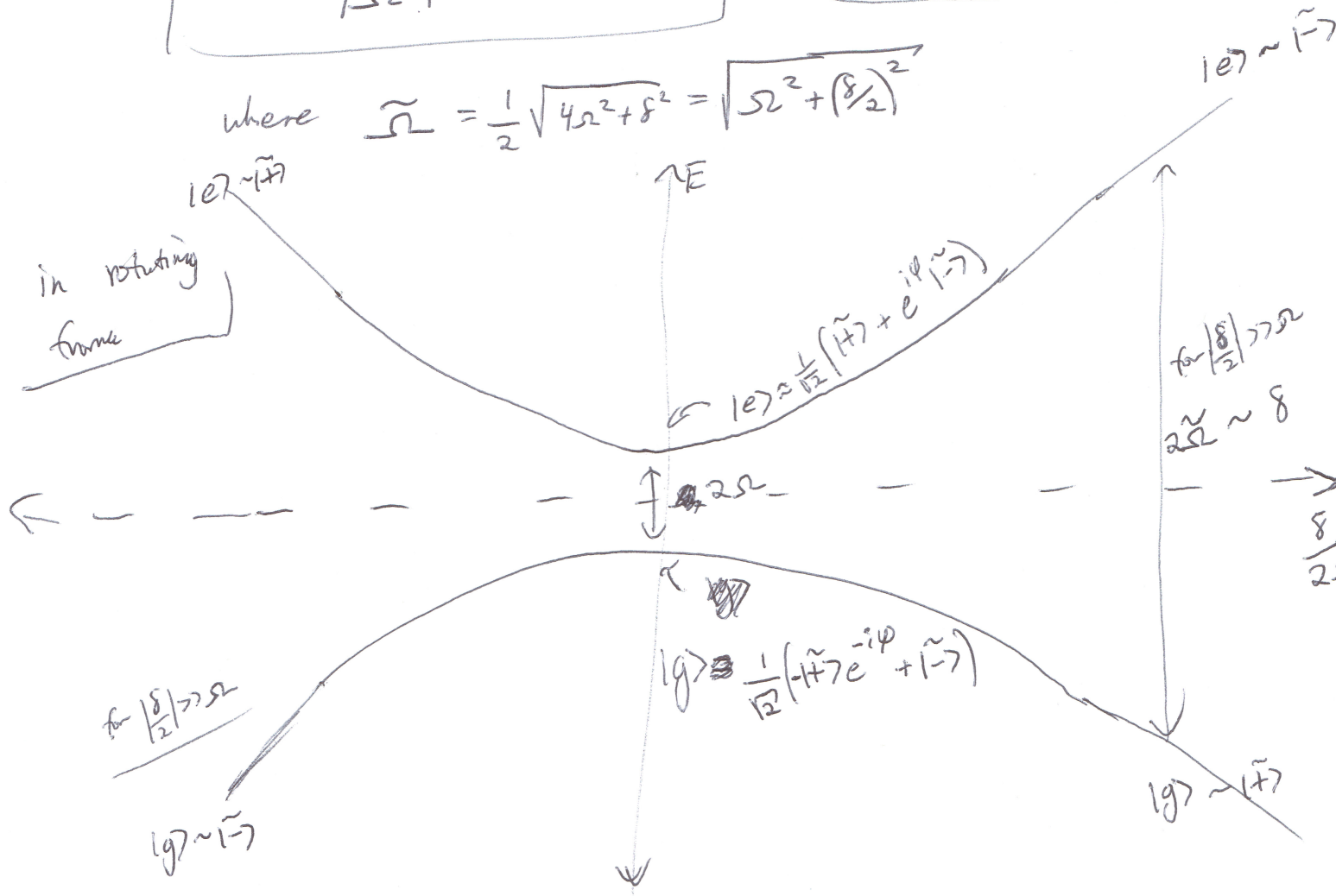
note, no  $\phi$ -dependence if starting in  $|+\rangle$

or

$$P_-(t) = \left| \frac{\Omega}{\tilde{\Omega}} \right|^2 \sin^2(\tilde{\Omega} t)$$

for starting in  $|+\rangle$  @  $t=0$

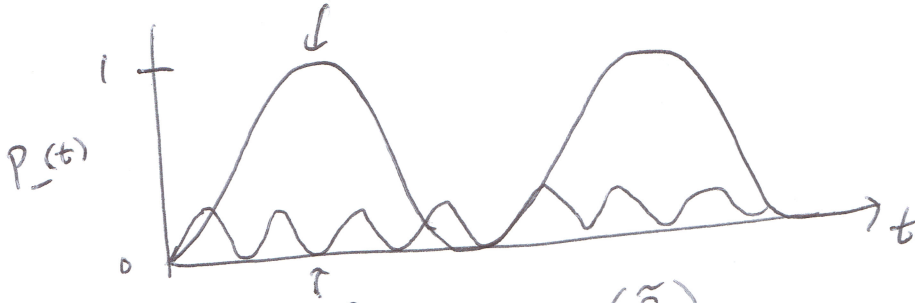
where  $\tilde{\Omega} = \frac{1}{2} \sqrt{4\Omega^2 + \delta^2} = \sqrt{\Omega^2 + (\delta/2)^2}$



6

slides on Rabi dynamics

$$t_{\pi} = \frac{\pi}{2\Omega} \text{ for } \delta = 0$$

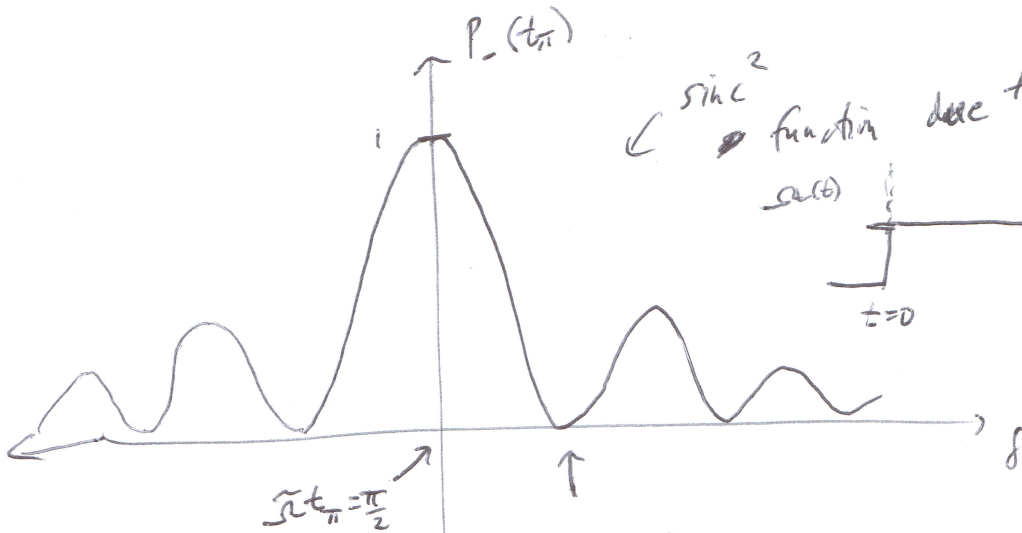


same times  
 $\Omega \rightarrow \frac{\Omega}{2}$   
 in  $\tilde{H}$

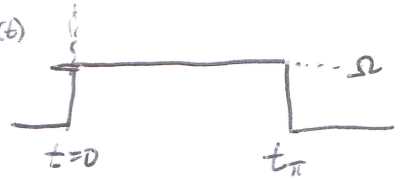
faster dynamics ( $\tilde{\Omega}$ ),

smaller contrast  $\frac{|\Omega}{\tilde{\Omega}}|^2$  for  $\delta \neq 0$

slides on  $\delta$ -dependence : set  $t = t_{\pi}$ , scan  $\delta$



sinc<sup>2</sup> function due to rectangular pulse



$$\tilde{\Omega} t_{\pi} = \frac{\pi}{2}$$

$$\tilde{\Omega} = \Omega$$

$$\delta = 0$$

$$t_{\pi} \tilde{\Omega} = \pi$$

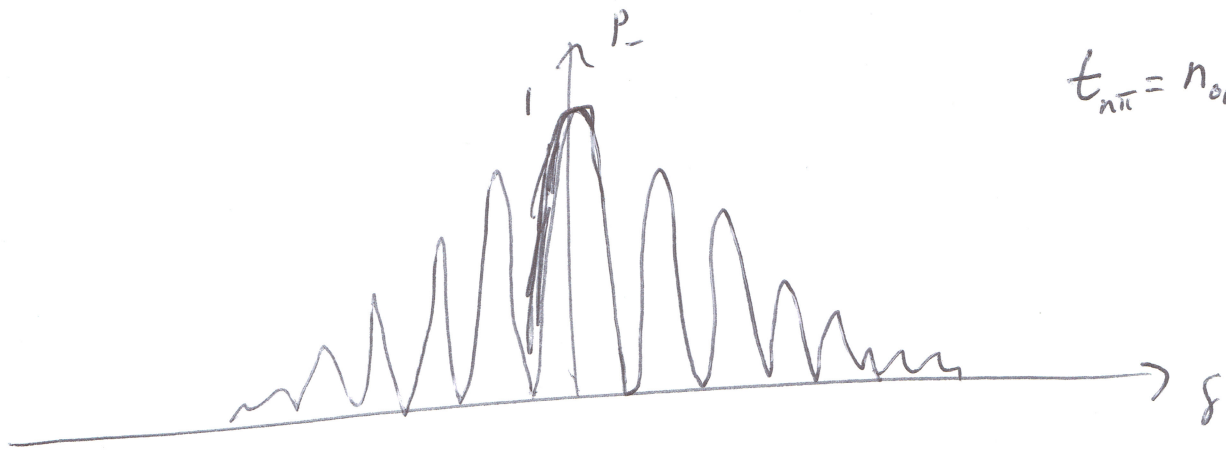
$$\frac{\pi}{2\Omega} \tilde{\Omega} = \pi$$

$$\frac{\tilde{\Omega}}{\Omega} = 2 = \frac{\sqrt{\Omega^2 + (\delta/2)^2}}{\Omega}$$

$$\delta = \pm 2\sqrt{3}\Omega$$

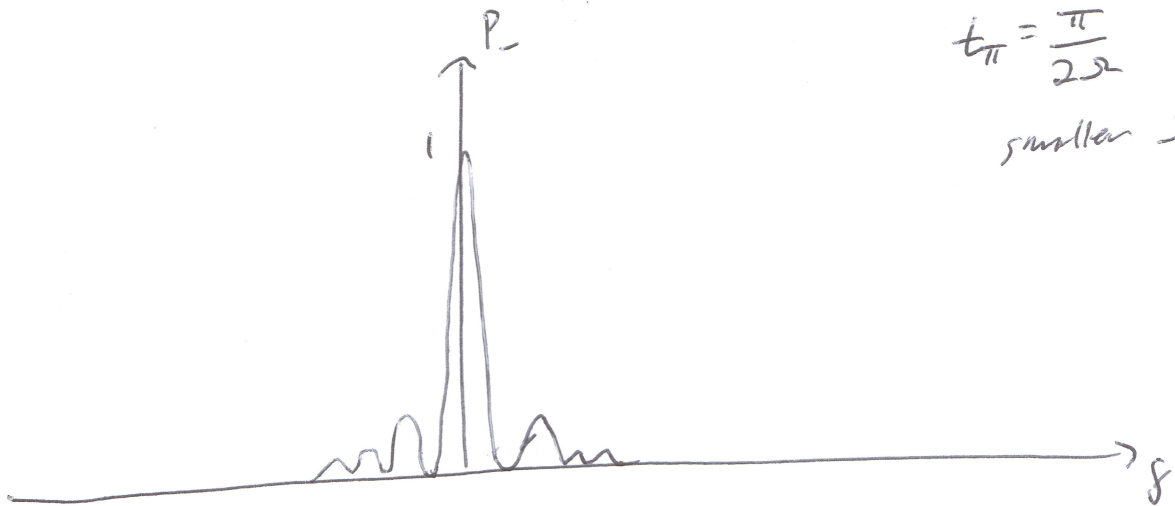
⑦

At longer times, for fixed  $\Omega$ , ~~more~~ finer structure



$$t_{n\pi} = n_{\text{odd}} \frac{\pi}{2\Omega}$$

For longer times, fixed pulse area  $t\Omega = \frac{\pi}{2}$ , ~~the~~ freq. spectrum gets narrower  $\Delta f \Delta t \sim 1 \Rightarrow$  better energy resolution



$$t_{\pi} = \frac{\pi}{2\Omega}$$

smaller  $\Omega$

① Some important things to note

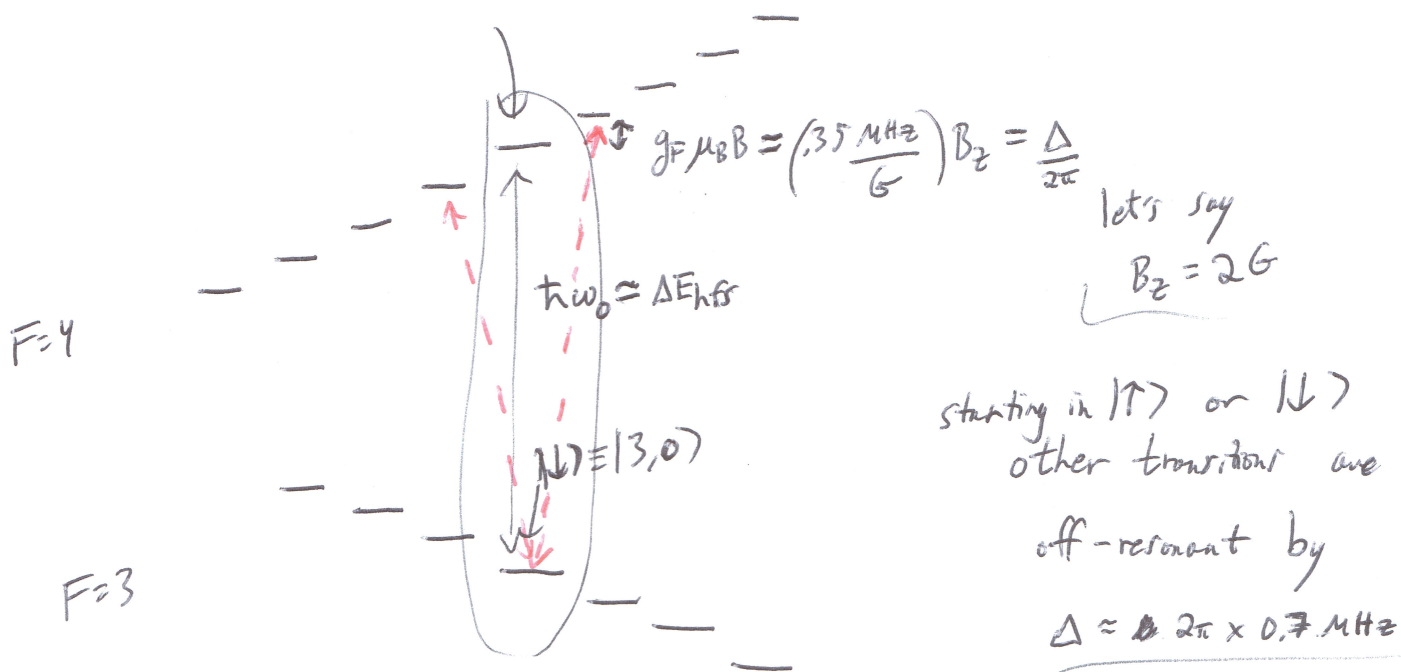
- for ~~some~~ pseudo-spin systems, where there are actually more than 2 states that may be coupled (given some conditions on radiation, selection rules)

the two levels are isolated spectroscopically

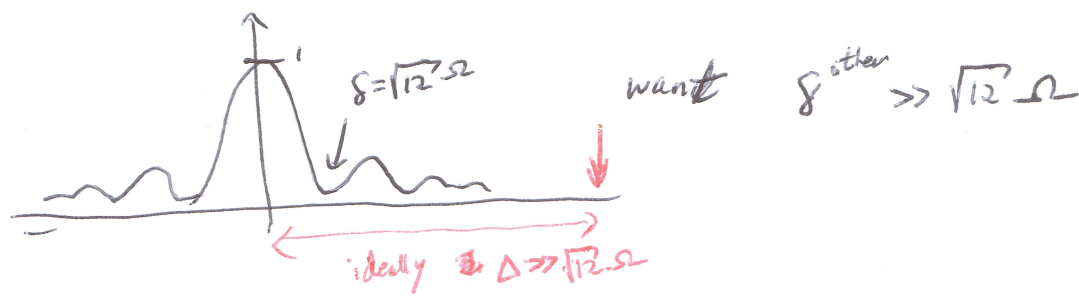
that is:  $\omega = \omega_0^{\pm 1} \equiv \frac{E_2 - E_1}{\hbar}$  but is off-resonant for other transitions

ex:  $^{133}\text{Cs}$

$|1\rangle \equiv |4, 0\rangle$



To avoid off resonant excitations, want corresponding  $P_{\text{other}}(t_{\pi})$  to be very small (where "other" refers to states w/ dipole-allowed transitions, like  $|4, \pm 1\rangle$ ).





⑨

in fact, a square / rectangle pulse is not the best for spectroscopically isolating 2 states.

→ naive ~~naive~~ improvement → to avoid higher frequency components  
+ lower

due to Fourier broadening, use longer pulses

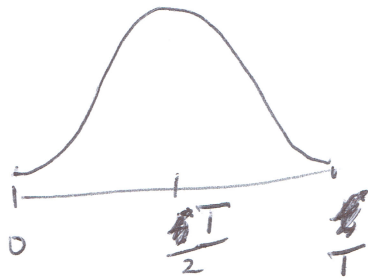
→ this gets hard due to "noise", variations in  $\omega_0$

→ better improvement use a pulse shape w/ better

Fourier transform, i.e. something like a Gaussian pulse

$$\left[ \int \dot{\theta} dt = \pi/2 \right]$$

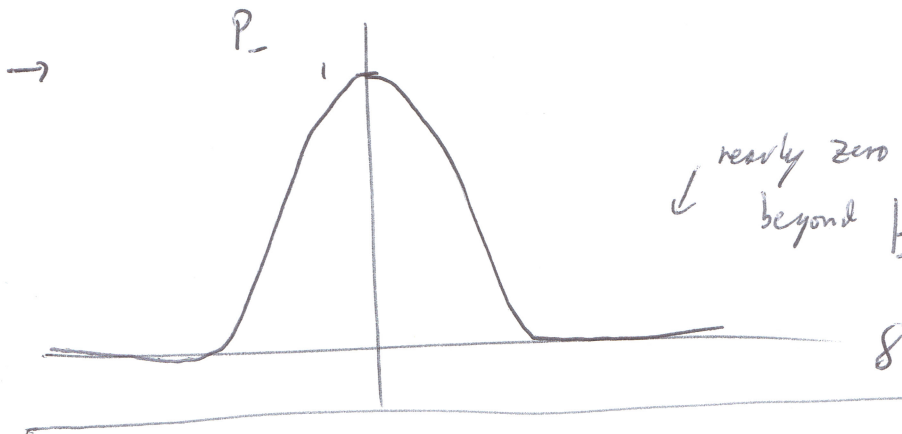
Blackman pulse w/ pulse area =  $\pi/2$  on resonance.



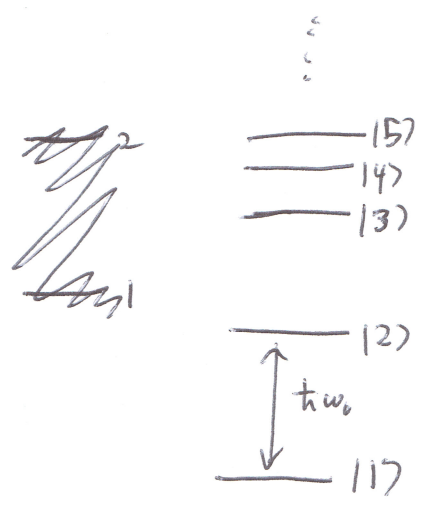
general form

~~$$B(t) = \frac{21}{5} + \frac{\cos\left(\frac{\pi t}{T}\right)}{2} + \frac{2}{25} \cos\left(\frac{2\pi t}{T}\right)$$~~

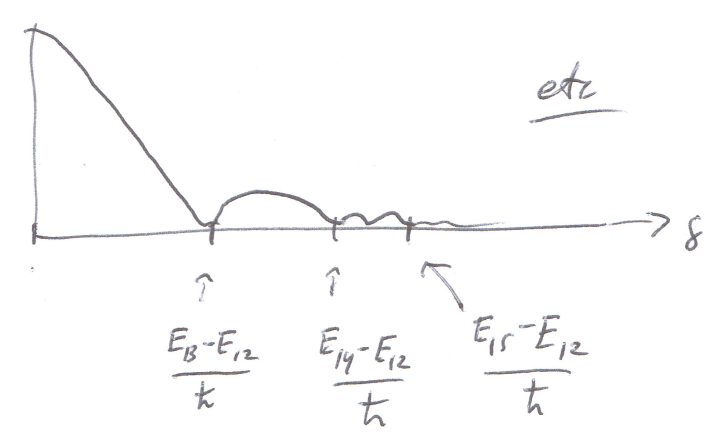
$$BP(t) = \frac{21}{5} + \frac{1}{2} \cos\left(\frac{\pi(t-T/2)}{T}\right) + \frac{2}{25} \cos\left(\frac{2\pi(t-T/2)}{T}\right)$$



10) in fact, for a given set of state-energies,



almost any "filter function" can be designed by controlling properties of the pulse shape



Some goals + related considerations related to applying "pulses"

1) Goal → just applying high-fidelity manipulations of this spin / pseudo spin degree of freedom

Consideration → want to be as insensitive as possible to anything that can degrade fidelity, i.e. lead to unwanted operations  
 e.g., variations of  $\hbar\omega_0 = 2\mu B_0$  for a real spin

we'll come back to this

can generally be used for metrology also

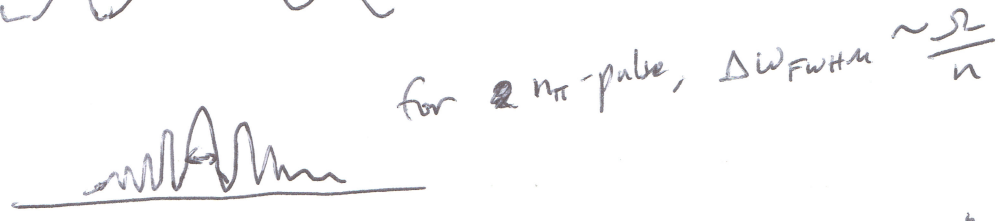
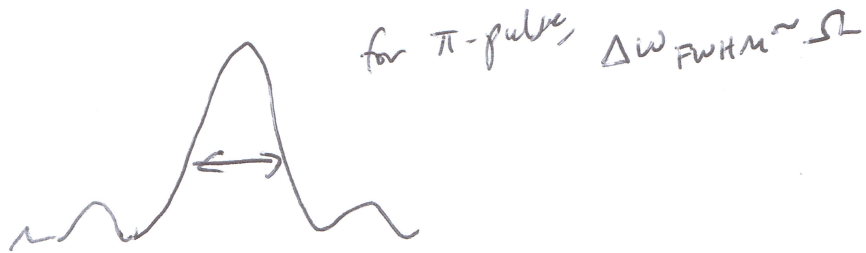
let's focus on this

2) Goal → to measure  $\Delta E$  accurately + precisely, e.g. to learn new physics (ex: Lamb shift) or to keep track of time / make an atomic clock.

Consideration → don't want oscillating field to disturb value of  $\Delta E$   
 & want to be sensitive to variations in  $\Delta E$

(11)

so, goal is to measure small uncertainty (accuracy) in  $\omega$



~~and~~ and  $\Delta\omega_z = \frac{\Delta\omega_{FWHM}}{(S/N)}$

← improve by longer measurement

← improve by

- more measurements
- improved detection
- using quantum-limited measurement (vs. shot-noise limited)

in the end  $Q \sim \frac{\omega}{\Delta\omega}$  matter

for Cs atomic clock,

$\frac{\Delta\omega}{\omega}$  measured to  $\sim 10^{-15}$  → for  $\frac{\omega}{2\pi} \approx 9\text{GHz}$ , this means Known  $\sim \mu\text{Hz}$  level

pushing to smaller and smaller  $\Omega$ , longer & longer  $t_\pi$  gets very hard

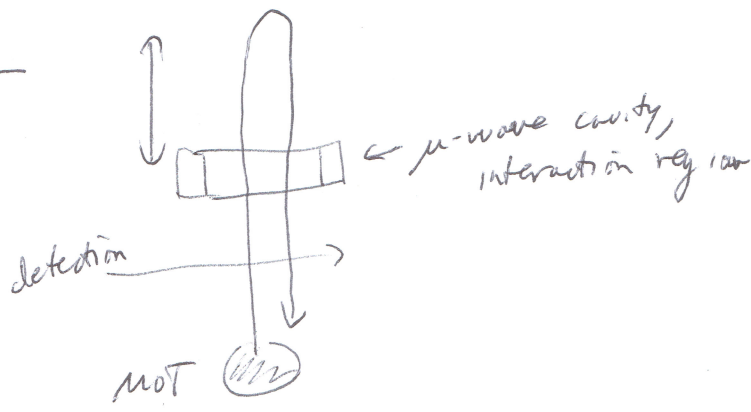
many things can systematically shift  $\Delta E$ , and variation in  $\Omega, \varphi$  can be significant if  $\Omega$  is very small

in fountain / beam

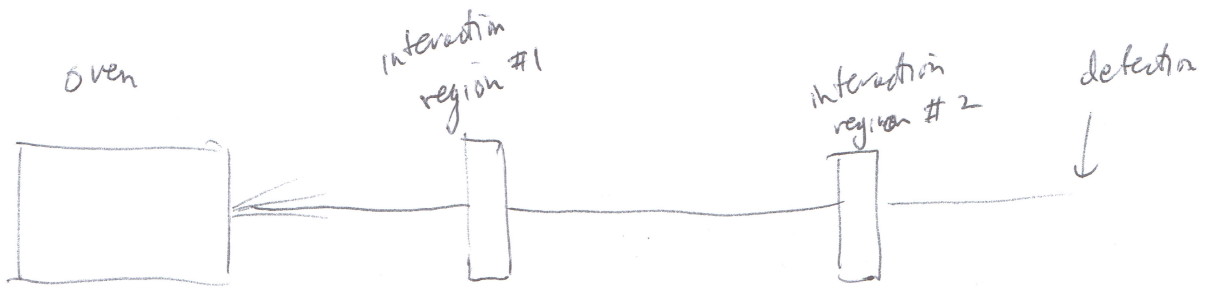
experiments, very hard to keep  $\rho, \Omega, \varphi$  constant over extended region of space (needed for extended measurement time)

(12)

fountain



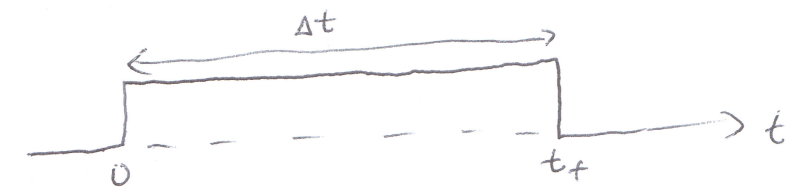
beam



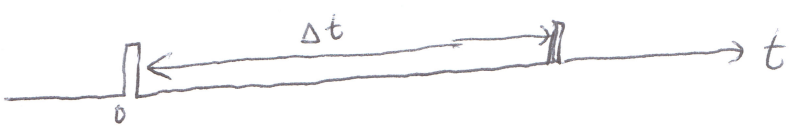
Upshot: we essentially want our "transverse field" (and really all fields except those necessary to provide  $\Delta E$ ) to not be present for the vast majority of our interrogation

solution by Ramsey → "method of separated oscillatory fields"

replace



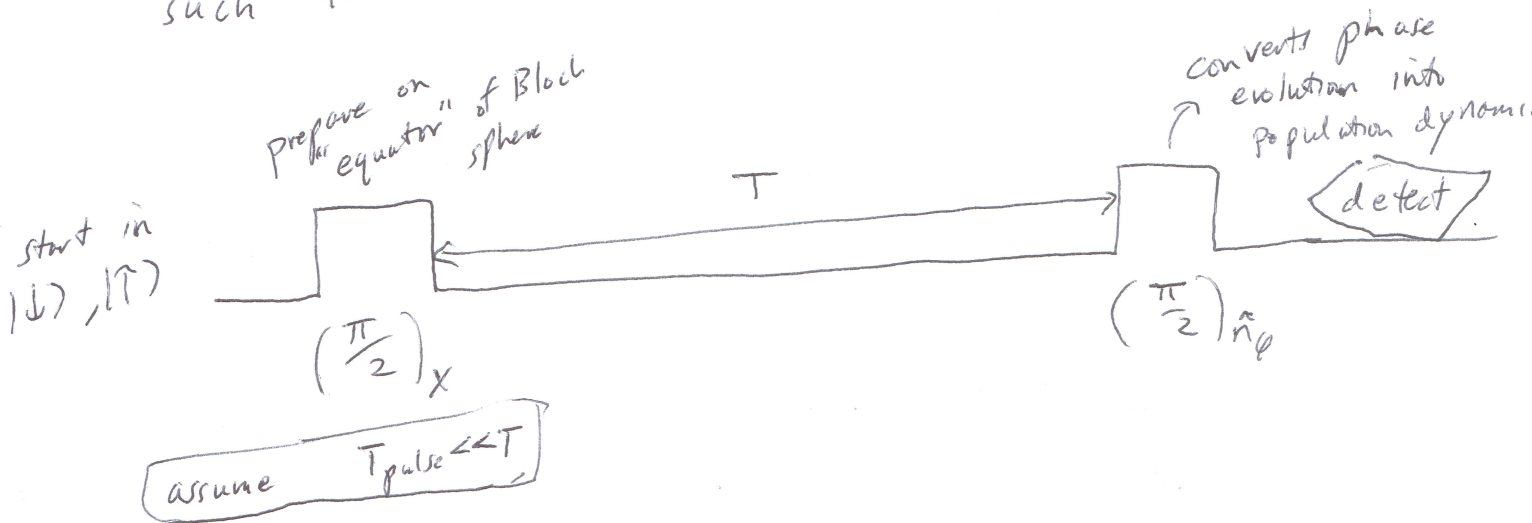
with



[free evolution in effective  $B_z$  field]

13

The pulses themselves can be very short (large  $\Omega$ ), such that even for small  $\delta$  they still transfer population.



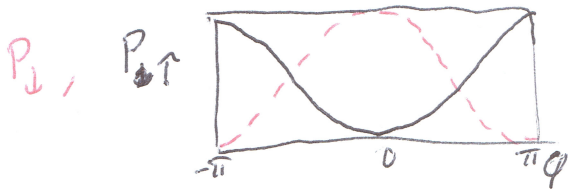
Let's assume  ~~$\delta \ll \Omega$~~   $\delta = 0$  during pulses (valid if  $\delta \ll \Omega$ ),

and assume initial pulse of  $(\frac{\pi}{2})_x$  (i.e.  $\varphi = 0$  during pulse #1).

→ After pulse #1, the Bloch vector for the state points along  $-\hat{y}$  (assuming  $\mu < 0$ )

→ During long time  $T$ , Bloch vector is stationary ~~in~~ in the rotating (G.W) frame if  $\delta = 0$ .

→ If  $\varphi = 0$  for the final  $\frac{\pi}{2}$ -pulse, the spin is flipped,  $|\uparrow\rangle \rightarrow |\downarrow\rangle$ . That is, for  $\varphi = 0$ , we rotate by additional  $\frac{\pi}{2}$  about  $\hat{x}$  spin vector. Varying  $\varphi$  varies the final "torque" vector, i.e. the spin vector about which we rotate. For  $\varphi = \pi$ , we rotate about  $-\hat{x} \Rightarrow$  goes back to  $|\uparrow\rangle$ . For  $\varphi = \pm \frac{\pi}{2}$ , rotate about  $\pm \hat{y} \Rightarrow$  no evolution for second pulse.



starting w/  $|\uparrow\rangle, (\frac{\pi}{2})_x$  at start.

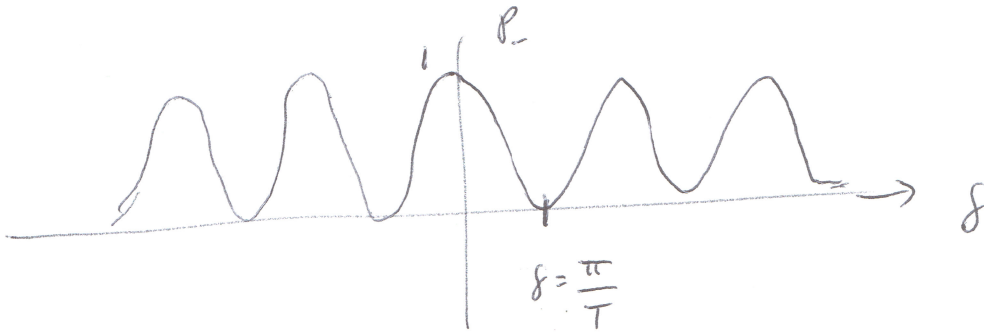
(14)

→ if  $\delta \neq 0$  (but  $\delta \ll \Omega$ ), the state initialized along  $-\hat{y}$  precesses at a rate  $\delta$  (in the rot. frame)

→ after  $T$ , ends up rotated by angle  $\Delta\phi = \delta T$

↓  
if we apply second  $(\frac{\pi}{2})$  pulse w/  $\phi = 0$

$$P_-(t) = \frac{1}{2} + \frac{1}{2} \cos(\delta T)$$



More general result (allowing for general  $\delta, \Omega$ ) for two  $(\frac{\pi}{2})_x$  pulses

$$P_- = 4 \left| \frac{\Omega}{\tilde{\Omega}} \right|^2 \sin^2 \left[ \frac{\tilde{\Omega} t}{2} \right] \left[ \cos\left(\frac{\delta T}{2}\right) \cos(\tilde{\Omega} t) - \frac{\delta}{2\tilde{\Omega}} \sin\left(\frac{\delta T}{2}\right) \sin(\tilde{\Omega} t) \right]^2$$

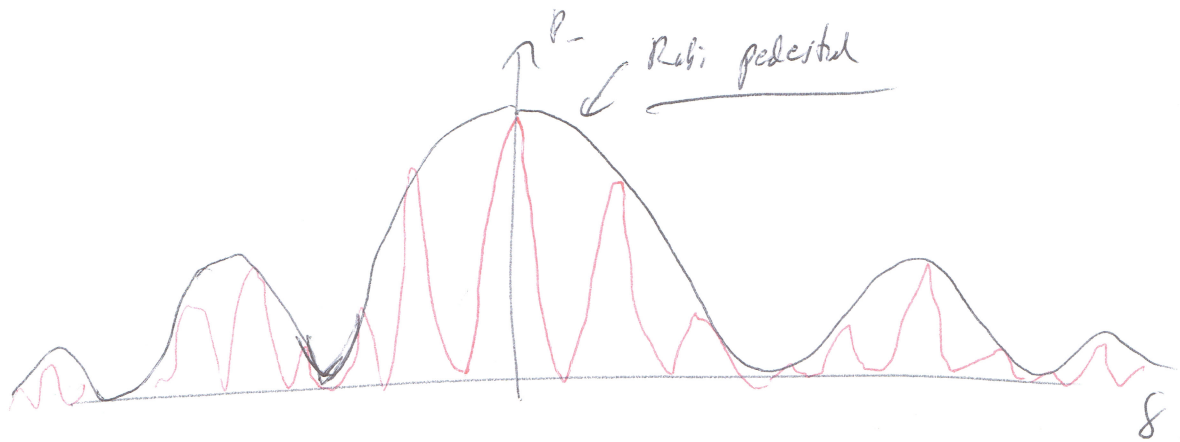
ideal result

$$P_- \approx \left[ \frac{\Omega}{\delta} \sin\left(\frac{\delta T}{2}\right) \right]^2 \text{sinc}^2\left(\frac{\delta T}{2}\right) \cos^2\left(\frac{\delta T}{2}\right)$$

approximating  $\frac{\pi}{2}$  pulses as ideal ( $\delta=0$ )  
 ↑  
 w/ duration  $\tilde{\tau}_p$

(15)

# General shape



→ similar to two-slit interference

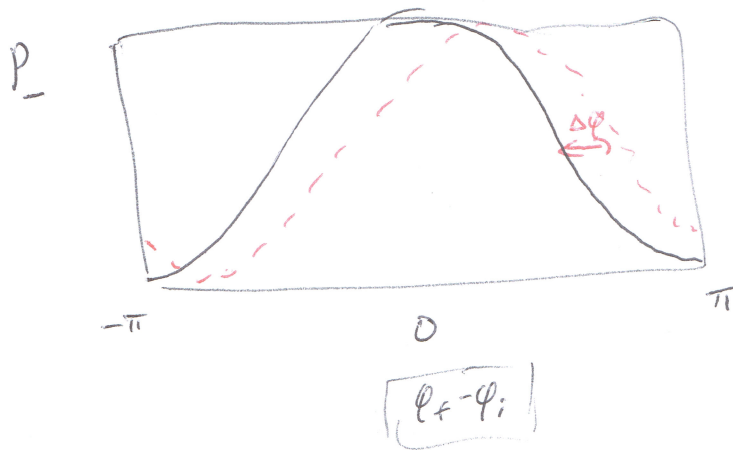
→ slit spacing +  
slit width matter

## Looking back @ $\varphi$ -dependence

Typically, for a fixed time, and  $\delta$ , one scans

$\varphi_{\text{final}}$  and gets a curve

for fixed  $\delta$

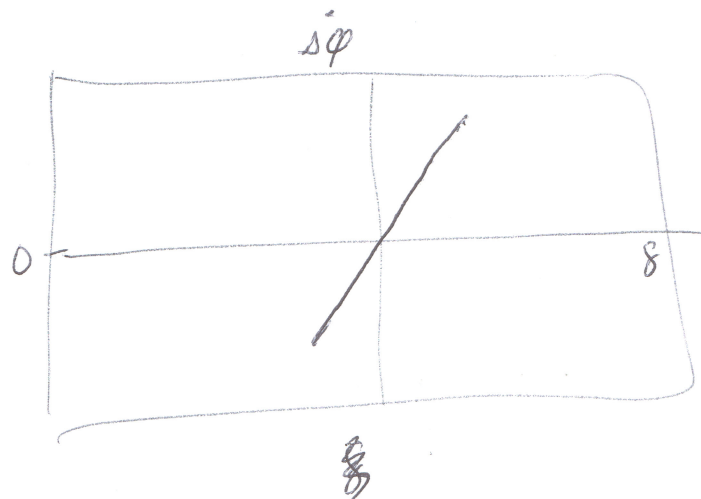


$\Delta\varphi(t) = \delta t$

for some different value of time or  $\delta$ , measure shifted curve

(16)

Plotting  ~~$\frac{d}{dt}[\Delta\varphi]$~~  vs.  $\delta$  gives



Zero-intercept  
gives  $\delta = 0$   
and  $\omega = \omega_0$   
condition

Shifts ~~of~~ of  $\omega$  due to applied fields, interactions between atoms, virtual photons, etc.

The Ramsey signals we showed assume coherent evolution.

If you have noise (classical noise on  $\Delta E$  due to fluctuating fields, or classical noise on your applied oscillating field)

then the observed signal will be degraded / washed out.

Different issues due to

- time-dependence
- spatial variations
- certain types of interactions

[For Cs clock, choice of states w/  $\frac{\partial(\Delta E)}{\partial B} = 0$ ]

can be corrected for by tailoring your pulse sequence.